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Age-related morphometric changes of the tidemark in the ovine stifle

Hontoir, Fanny; Pirson, Romain; Simon, Vincent; Clegg, Peter D.; Nisolle, Jean-François; Kirschvink, Nathalie; Vandeweerd, Jean-Michel

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Age-related morphometric changes of the tidemark in the ovine stifle

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Keywords:	sheep, cartilage, knee, osteoarthritis, ageing
Abstract:	Though the ovine stifle is commonly used to study osteoarthritis, there is limited information about the age-related morphometric changes of the tidemark. The objective of this study was to document the number of tidemarks in the stifle of research sheep without clinical signs of osteoarthritis and of various ages (n = 80). Articular cartilage of the medial and lateral tibial condyles and of the medial and lateral femoral condyles was assessed by histology: (1) to count the number of tidemark; and (2) to assess the OARSI (OsteoArthritis Research Society International) score for structural changes of cartilage. The number of tidemarks varied between anatomical regions respectively from 4.2 in the medial femoral condyle to 5.0 in the lateral tibial condyle. The axial part showed a significant higher number of tidemarks than the abaxial part, for all regions except the medial tibial condyle. While the tidemark count strongly correlated to age (Spearman Correlation coefficient=0.70; 95% confidence interval 0.67 to 0.73; P<0.0001), the OARSI score was weakly correlated to age in our cohort of sheep (Spearman Correlation coefficient=0.25; 95% confidence interval 0.19 to 0.30; P<0.0001). Interestingly, no tidemark was seen in the three animals aged 6 months. Our data indicate that the number of tidemarks increases with age and vary with anatomical region. The regional variation also revealed a higher number of tidemarks in the tibia than in the femur. This could be attributed to the local variation in cartilage response to strain and to the

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	difference in chondrocyte biology and density.

SCHOLARONE™
Manuscripts

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2 1 **Age-related morphometric changes of the tidemark in the ovine stifle.**
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6 3 **Running title:** Tidemark in the ovine stifle
7
8 4 Fanny Hontoir¹, Romain Pirson¹, Vincent Simon¹, Peter Clegg², Jean-François Nisolle,
9
10 5 Nathalie Kirschvink¹, Jean-Michel E. Vandeweerd¹
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1
2
3 27 **Summary**
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5 28 Though the ovine stifle is commonly used to study osteoarthritis, there is limited information
6
7 29 about the age-related morphometric changes of the tidemark. The objective of this study was to
8
9 30 document the number of tidemarks in the stifle of research sheep without clinical signs of
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11 31 osteoarthritis and of various ages (n = 80). Articular cartilage of the medial and lateral tibial
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13 32 condyles and of the medial and lateral femoral condyles was assessed by histology: (1) to count
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15 33 the number of tidemark; and (2) to assess the OARSI (OsteoArthritis Research Society
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17 34 International) score for structural changes of cartilage.
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21 35 The number of tidemarks varied between anatomical regions respectively from 4.2 in the medial
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23 36 femoral condyle to 5.0 in the lateral tibial condyle. The axial part showed a significant higher
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25 37 number of tidemarks than the abaxial part, for all regions except the medial tibial condyle.
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28 38 While the tidemark count strongly correlated to age (Spearman Correlation coefficient=0.70;
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30 39 95% confidence interval 0.67 to 0.73; P<0.0001), the OARSI score was weakly correlated to
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32 40 age in our cohort of sheep (Spearman Correlation coefficient=0.25; 95% confidence interval
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34 41 0.19 to 0.30; P<0.0001). Interestingly, no tidemark was seen in the three animals aged 6 months.
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37 42 Our data indicate that the number of tidemarks increases with age and vary with anatomical
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39 43 region. The regional variation also revealed a higher number of tidemarks in the tibia than in
40
41 44 the femur. This could be attributed to the local variation in cartilage response to strain and to
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43 45 the difference in chondrocyte biology and density.
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47 47 **Key words:** sheep – cartilage – stifle – osteoarthritis - ageing
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49 49 **Number of figures in this manuscript: 4**
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51 50 **Number of tables in this manuscript: 1**
52

53 **Introduction**

54 Osteoarthritis is a degenerative process of the diarthrodial (synovial) joint characterized by
55 progressive degeneration of the articular cartilage, combined with subchondral bone sclerosis
56 and osteophyte formation, leading to reduced joint function (Gympas, Albert, Katz, Lieberman,
57 Pritzker, 1991; McIlwraith, 1996, p.34). Histology is considered as a gold standard technique
58 to assess normality of cartilage, disease development (Lahm, Kreuz, Oberst, Haeberstroh, Uhl
59 et al., 2006; Wucherer, Ober, Cozemius, 2012; Zamlı, Adams, Tarlton, Sharif, 2013), and
60 efficacy of treatments (Huang, Simonian, Norman, Clark, 2004; Hoeman, Hurtig, Rossomacha,
61 Sun, Chevrier et al., 2005; Zscharnack, Hepp, Richter, Aigner, Schultz et al., 2010) in research
62 studies on osteoarthritis.

63 Different scoring scales have been described for microscopic assessment of cartilage, based on
64 several histological criteria such as the Mankin score, the “modified Mankin score” (Thomas,
65 Fuller, Whittles, Sharif, 2007; Piskin, Gulbahar, Tomak, Gukman, Hokelek et al., 2007; Daubs,
66 Markel, Manley, 2006), and the ICRS (International Cartilage Repair Society) -II scoring scale
67 (Mainil-Varlet, Van Damme, Nesic, Knutsen, Kandel, Roberts et al., 2010). Species-specific
68 scoring scales have been proposed by the Osteoarthritis Research Society International
69 (OARSI) histopathology initiative to ensure comparison between studies using animal models
70 of osteoarthritis, in mice (Glasson, Chambers, Van Den Berg, Little, 2010), rats (Gerwin,
71 Bendele, Glasson, Carlson, 2010), guinea pigs (Kraus, Huebner, DeGroot, Bendele, 2010),
72 rabbits (Laverty, Girard, Williams, Hunziker, Pritzker, 2010), dogs (Cook, Kuroki, Visco,
73 Pelletier, Schulz et al., 2010), horses (McIlwraith, Frisbie, Kawcak, Fuller, Hurtig et al., 2010),
74 goats and sheep (Little, Smith, Cake, Read, Murphy et al., 2010). For example in sheep, the
75 histopathological assessment includes the following parameters: cartilage structure, percentage
76 of the surface area affected by structural damage, chondrocyte density, cell cloning,
77 interterritorial Toluidine blue staining, and tidemark variations.

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79 The tidemark is the limit between the hyaline cartilage and the calcified cartilage (Meachim &
80 Allibone, 1984; Oegema, Carpenter, Hofmeister, Thompson, 1997; Burr, 2004). At
81 microscopy, the tidemark appears as a non-cellular line of about 10 µm strongly stained with
82 hematoxylin-eosin, or toluidine blue (Lyons, Stoddart, McClure, McClure, 2005). A trilaminar
83 organization has been demonstrated by combining different histochemical staining
84 (hematoxylin and eosin, picrosirius red, toluidine blue and safranin O), with a distal lamina (to
85 the side of the non-calcified cartilage), a proximal lamina (to the side of the calcified-cartilage)
86 and a central lamina. The proximal and distal laminae differ in their chemistry and, hence, in
87 their tinctorial properties. It is therefore suggested that the central lamina is actually an
88 artefactual zone due to the interpenetration of colorations of the proximal and the distal laminae
89 (Lyons et al., 2005).

90 The general consensus is that the tidemark is the result of accumulation of non-specific
91 molecules at the interface of calcified and hyaline cartilage caused by discontinuous
92 mineralization (Oegema et al., 1997). The tidemark seems to be derived from apoptotic
93 chondrocytes, and to include several molecules such as phospholipides, alkaline phosphatase,
94 type X collagen, adenosine triphosphatase, deoxyribonucleic acid, lectins, and High Mobility
95 Group Box chromosomal protein 1 (HMGB1) (Lyons et al. 2005; Simkin 2012). Chondrocytes
96 are not present in the tidemark but a few can be partially embedded in its mineralizing side
97 (Lyons et al., 2005).

98
99 Tidemark alterations, i.e. duplication, advancement and vascular invasion have been associated
100 to disease such as rheumatoid arthritis (Fassbender, Seibel, Hebert, 1992; Suber & Rosen, 2009)
101 or osteoarthritis (Oettmeier, Abendroth, Oettmeier, 1989; Bonde et al., 2005; Hulth, 1993; Suri,
102 Gill, Massena de Camin, Wilson, McWilliams et al., 2007; Bullough & Jagannath, 1983;

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3 103 Oegema et al., 1997). In the OARSI score, it is observed whether the tidemark is duplicated
4
5 104 (score 1) and whether blood vessels from the subchondral bone cross the tidemark to the
6
7 105 calcified cartilage (score 2) or to the hyaline cartilage (score 3).
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12 107 However, multiple tidemarks can be observed in normal joints (Oegema et al., 1997; Oettmeier
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14 108 et al., 1989). The number of tidemarks has been reported to change with ageing in humans, with
15
16 109 an average increase from 1.5 to 2.5 in femur and humerus after the age of 60 (Lane & Bullough,
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18 110 1980). Duplicated tidemarks were visible in mature normal canine femoral articular cartilage
19
20 (Oegema et al., 1997). In a study on 28 cynomolgus monkeys, as many as ten tidemarks were
21
22 111 observed in normal primates over 20 years old while at least two tidemarks were present in all
23
24 112 animals (Miller, Novatt, Hamerman, Carlson, 2004). In horses, the number of tidemarks was
25
26 113 higher in non-athletic than in racehorses with articular pathology (Muir, Peterson, Sample,
27
28 114 Scollay, Markell, 2008). In non-working and working German shepherd dogs, the tidemark
29
30 115 duplication in the femur and the tibia has been suggested to be related to ageing (Francuski,
31
32 116 Radovanović, Andrić, Krstić, Bogdanović et al., 2014).
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35 117 Since tidemark duplication and advancement could be observed in diseased but also in healthy
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37 118 animals, it is important to document how tidemark varies with age in a population of research
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39 119 animals. The sheep, in particular, is commonly used as a large animal model for osteoarthritis
40
41 120 (Little et al., 2010). In sheep, there is limited information about the variation of the number of
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43 121 tidemarks (Appleyard, Burkhardt, Ghosh, Read, Cake et al., 2003; Frisbie, Cross, McIlwraith,
44
45 122 2006). Most of the sheep used in research are skeletally mature sheep (Huang et al., 2004;
46
47 123 Burger, Mueller, Wlodarczyk, Goost, Tolba et al., 2007; Dattena, Pilichi, Rocca, Mara, Casu et
48
49 124 al., 2009) aged between 3 and 6 years old (Hoeman et al., 2005).
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52 125 The objectives of this study were to document the variation of the number of tidemarks of the
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54 126 stifle in a large cohort of sheep without clinical signs of osteoarthritis and of various ages.
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129 **Materials and methods**130 *Population*

131 Eighty pairs of hindlimbs were collected, between 2012 and 2018, from crossed Texel ewes,
132 euthanatized for reasons other than hind limb lameness (mastitis, metritis), within six hours of
133 euthanasia. Animals were aged between 6 months and 3 years old (N=28), 4 to 6 years old
134 (N=31) and 7 to 11 year old (N=21). Animals had no clinical signs of osteoarthritis (lameness,
135 articular swelling, and pain at manipulation). They had been used for teaching anatomy and
136 were not euthanized for the purpose of the current study. The experimental protocol (KI 10/148)
137 was approved by the local ethical committee for animal welfare.

138

139 *Gross anatomy*

140 After soft tissue dissection and joint opening, synovium and articular surfaces were assessed by
141 one investigator in a blinded manner following OARSI recommendations (Little et al., 2010).
142 Synovium was evaluated for macroscopic alterations (normal, slight, mild, moderate, marked
143 and severe): discoloration, vascularity, thickening and synovial proliferation. Macroscopic
144 scores for cartilage damages were: score 0 for intact cartilage surface; score 1 for surface
145 roughening; score 2 for deeper defects (fibrillation, fissures) not involving the subchondral
146 bone; score 3 for erosions down to the subchondral bone (less than 5 mm diameter); score 4 for
147 large erosions down to the subchondral bone (more than 5 mm diameter). Scoring was
148 performed in four areas of interest: the middle part of the medial tibial condyle (or plateau)
149 (MTC), of the medial femoral condyle (MFC), of the lateral tibial condyle (LTC) and of the
150 lateral femoral condyle (LFC) (Figure 1). Joint margins were observed for the presence of
151 osteophytes. Joint surfaces were digitally photographed (Sony Alpha DSLR-A230 digital
152 camera) with standardized lighting conditions for records (two Sony Illustar SM-300 lighting).

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5 154 *Histology*
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7 155 Four mm-thick osteochondral slabs were collected from the middle part of the medial tibial
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9 156 condyle (or plateau), medial femoral condyle, lateral tibial condyle and lateral femoral condyle
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11 157 (Figure 1). A total of 640 samples (80 sheep x 2 limbs x 4 regions) were collected. After 48-h
12
13 158 fixation in 10% (v/v) neutral buffered formalin, samples were transferred to 70% (v/v) ethanol
14
15 159 for further processing (Little et al., 2010). They were decalcified in DC3 (non-ionic surfactants,
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17 160 hydrochloric acid, EDTA, VWR International, Leuven, Belgium) for 2 days and embedded in
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19 161 paraffin, and then 4-µm sections were cut. Sections were deparaffinised with xylene and graded
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21 162 ethanol, and then stained with Toluidine blue.
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25 163 Each slice was examined for cartilage structure and tidemark count. Scoring of cartilage
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27 164 structure followed the OARSI recommendations for histological evaluation of structural
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29 165 changes in ovine articular cartilage (Little et al., 2010). Each region being divided into two
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31 166 subregions (abaxial (Ab) and axial (Ax)), 1280 subregions were assessed (640 regions x 2).
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33 167 Assessments were performed in duplicates by two observers to obtain a mean score. Tidemark
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35 168 counts were obtained by one blinded observer in six equidistant locations per anatomical region.
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37 169 Mean number was calculated and recorded. Sheep, age and limb identities were blinded to
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39 170 histological scorers.
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46 172 *Statistical analysis*
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48 173 Statistics were performed with GraphPad Prism 7.03 (GraphPad Software, La Jolla). Statistical
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50 174 significance was set at 0.05. Firstly, the dataset was assessed for normality, skewness and
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52 175 kurtosis. Due to the moderate positive skewness, to kurtosis, and to non-normal distribution of
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54 176 the data, nonparametric statistics were conducted (Pearce & Frisbie, 2010). Wilcoxon matched-
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3 177 pairs signed rank test and Friedman test were used to compare data from left and right limbs,
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5 178 and to compare data from the different (sub-)regions of each limb.
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7 179 Kruskal-Wallis test followed by a Dunn's multiple comparison test enabled to test difference
8
9 180 between age groups for tidemark count and OARSI scoring. Mean tidemark count and mean
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11 181 OARSI scores of both limbs was considered for each sheep. Correlation between age and
12
13 182 tidemark number or OARSI scoring of the sheep was assessed using the Spearman's rank order
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15 183 test. Correlation was considered very weak (0.00-0.19), weak (0.20-0.39), moderate (0.40-
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17 184 0.59), strong (0.60-0.79) and very strong (0.80-1.00) depending on the absolute value of the
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19 185 coefficient.
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25
26 187 **Results**
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28
29 188 *Gross anatomy*
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31 189 Macroscopic assessment of cartilage for the 1280 anatomic areas revealed 911 zones of intact
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33 190 cartilage (71.2%), 315 score-1 lesions (24.6%), 50 score-2 lesions (3.9%) and 4 score-3 lesions
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35 191 (0.3%). Score-2 and -3 erosions were found in 11 of the 80 sheep (13.75%). No score-4 lesion
36
37 192 was found. No signs of joint inflammation (effusion, synovitis) and no osteophyte was detected
38
39 193 at gross anatomy.
40
41
42 194
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44 195 *Histology*
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46 196 Thirty slides presented artifacts (folding, shredding, splitting) preventing tidemark count. Thus,
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48 197 1250 of the 1280 sub-regions were appropriately assessed.
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51 198 There was no significant difference between left and right limbs for tidemark count ($P= 0.5898$),
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53 199 and for OARSI scores ($P = 0.2761$). The tidemark count ($P<0.0001$) showed difference upon
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55 200 (sub-)regions. The axial sub-region had a significant higher number of tidemarks than the
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57 201 abaxial sub-region, for all regions except in the medial tibial condyle (Figure 3). The number
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3 202 of tidemarks in the four regions was ranked as MFC < LFC < MTC < LTC, with an average
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5 203 number of 4.2, 4.5, 4.8 and 5.0, respectively; those differences were statistically significant,
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7 204 except between MFC and LFC.
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10 205 The OARSI scores significantly differed with (sub-)regions (Figure 4), with the axial sub-
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12 206 regions showing higher scores than abaxial sub-regions ($P < 0.0001$). OARSI scores in the four
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14 207 regions were ranked as LFC < LTC < MFC < MTC, with an average score of 2.0, 2.6, 5.0 and
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16 208 5.3, respectively. The differences were not significant between regions of the same bone.
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21 210 The three age groups had significant different tidemark count ($P < 0.0001$) and OARSI scores
22
23 211 ($P = 0.0197$) (Table 1), with a strong positive correlation between age and the number of
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25 212 tidemarks (Spearman Correlation coefficient = 0.70, 95% confidence interval 0.67 to 0.73; $P <$
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27 213 0.0001). However, the OARSI score was weakly correlated to age in our cohort of sheep
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29 214 (Spearman Correlation coefficient = 0.25, 95% confidence interval 0.19 to 0.30; $P < 0.0001$).
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31 215 The correlation between OARSI scores and tidemark count was weak as well (Spearman
32
33 216 Correlation coefficient = 0.19, 95% confidence interval 0.13 to 0.24; $P < 0.0001$). In the three
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35 217 young animals aged 6 months, no tidemark was visible (Figure 2).
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38 219 **Discussion**
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41 220 In this study, the number of tidemarks increased significantly with age. Interestingly, no
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43 221 tidemark was identified in the three sheep aged 6 months. This is in agreement with reports that
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45 222 calcified cartilage layer does not begin to develop until well into the first year postpartum
46
47 223 (Martinelli, Eurell, Les, Fyhrie, Bennett, 2002). In horses, functional adaptation of articular
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49 224 cartilage occurs during maturation (Brama, TeKoppele, Bank, Barneveld, van Weeren, 2002).
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51 225 Cartilage-bone interface is a dynamic area where duplication of the tidemark and thickening of
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3 226 calcified cartilage are due to micro-trauma at the bone cartilage-interface and quick repair
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5 227 process in response to mechanical stresses over time (Burr & Schaffler, 1997).
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7 228 The effect of constraints on tidemark duplication is also illustrated by the variation of number
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9 229 of tidemarks between anatomical regions. Constraints are higher in the medial compartment
10
11 230 due to the asymmetry of load bearing and contact area in the stifle (Thomas, Resnick, Alazraki,
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13 Daniel, Greenfield, 1975; Baliunas Hurwitz, Ryals, Karrar, Case et al., 2002; Lee-Shee, Dickey,
14
15 Hurtig, 2007; Taylor, Poeplau, Konig, Ehrig, Zachow, 2011). This is associated with a higher
16
17 232 deterioration of cartilage and higher OARSI scores in those anatomical regions, as
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19 233 demonstrated by studies in sheep (Vandeweerd, Hontoir, Kirschvink, Clegg, Nisolle et al.,
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21 234 2013; Hontoir, Clegg, Simon, Kirschvink, Nisolle et al., 2017), and man (Arøen, Løken, Heir,
22
23 235 Alvik, Ekeland et al., 2004; Neogi, Felson, Niu, Lynch, Nevitt et al., 2009; Flanigan, Harris,
24
25 236 Trinh, Siston, Brophy, 2010). In the current study, OARSI scores were also higher in the medial
26
27 237 tibial and femoral condyles than in the lateral tibial and femoral condyles, with the axial side
28
29 238 being more affected.
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31 239
32
33 240 In the current study, the number of tidemarks was higher in the tibia than in the femur. A
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35 241 difference in number of tidemarks has also been described in dogs (Francuski et al., 2014). In
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37 242 femoral cartilage, tidemark multiplication was more frequently observed in working dogs than
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39 243 in non-working dogs, whilst in the tibial cartilage it was more frequently observed in non-
40
41 244 working dogs. This particularity has not been described elsewhere. However, regional
42
43 245 differences of cartilage mechanobiology and cell biology could account for change in tidemark
44
45 246 number. Mechanically, the cartilage strain is not homogeneous through the joint after exercise:
46
47 247 for example, in human, the cartilage strain (percentage of thickness change) is higher in the
48
49 248 tibia (30%) compared to the femur (20%) after a 30-minutes jogging (Moscher, Smith, Collins,
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51 249 Liu, Hancy et al., 2005; Sanchez-Adams, Leddy, McNulty, O'Conor, Guilak, 2014). Moreover,
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53 250 the cartilage response to loading is different for tibial and femoral cartilage. *In vivo* assessment

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3 251 of cartilage response to load has been performed in human using compositional imaging, this
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5 252 technique revealed that tibial cartilage showed an homogeneous response for deep and
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7 253 superficial layers, whilst the femur showed an opposite response for both layers, suggesting a
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9 254 transport of water to the deep zone of cartilage in the femur, in opposition to the general squeeze
10
11 255 of water of both tibial layers (Souza, Kumar, Calixto, Singh, Schooler et al., 2014).
12
13 256 Biologically, tibial and femoral cartilage shows different pattern, with higher
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15 257 glycosaminoglycans and collagen content, higher chondrocyte density and proliferation rate in
16
17 258 the femur than in the tibia (Stenhamre, Slynarski, Petrén, Tallheden, Lindahl, 2008). It should
18
19 259 be reminded here that chondrocyte reaction to mechanical load varies from enhanced matrix
20
21 260 synthesis (anabolism) to catabolism, apoptosis and necrosis depending on the frequency, the
22
23 261 amplitude, or the strain-scheme for example (Sanchez-Adams et al., 2014; Bleuel, Zacke,
24
25 262 Brüggemann, Niehoff, 2015; Iijima, Ito, Nagai, Tajino, Yamaguchi et al., 2017). As the
26
27 263 tidemark originates from the chondrocytes activity (Havelka, Horn, Spohrová, Valouch, 1984)
28
29 264 and apoptosis (Simkin, 2012), the higher number of tidemarks in the tibia could be explained
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31 265 by the combination of higher strain and lower cell yield in the tibia compared to the femur.
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267 The correlation between the number of tidemarks and the OARSI score was weak in our sheep
268 population. In a recent research study in man, the tidemark count poorly and non-significantly
269 correlated to the human OARSI scores in the middle part of 42 lateral tibial condyles, with
270 OARSI scores ranging from 0 (normal) to 4 (superficial delamination to mid-zone erosion).
271 (Deng, Wang, Yin, Chen, Guo et al., 2016). These results support the idea, also proposed by
272 other authors (Lane & Bullough, 1980; Bonde et al., 2005; Oegema et al., 1997; Muir et al.,
273 2008; Francuski et al., 2014), that tidemark multiplication is not a unique feature of
274 osteoarthritis and can be found in normal animals. OARSI scores in the current study were low.

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3 275 In addition, we found no osteophytes, a feature of osteoarthritis (Little et al., 2010; Cake, Read,
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5 276 Corfield, Daniel, Burkhardt et al., 2013).
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10 278 Since there was no osteoarthritic sheep in the current research population, it is not possible to
11
12 279 infer on the association between OA and the number of tidemarks. The use of the sheep as an
13
14 280 animal model for osteoarthritis requires the surgical induction of the disease to ensure the
15
16 281 development of moderate to severe cartilage damages (Little et al., 2010). For example, in a
17
18 282 lateral meniscectomy model, average OARSI scores can reach up to 16 +/-3 for cartilage (with
19
20 283 erosion of cartilage and loss of proteoglycans to the mid/deep zone), associated to moderate
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22 284 synovitis and osteophytes in the lateral femoral and tibial condyles (Gelse, Körber, Schöne,
23
24 285 Raum, Koch, 2017). Obviously such cases were not identified in the current population.
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28 286 One could argue that the decalcification process is a limitation of the current study and would
29
30 287 impair assessment of the tidemark. The tidemark is basically seen as the limit between the
31
32 288 calcified cartilage and the hyaline cartilage (Meachim & Allibone, 1984; Oegema et al., 1997;
33
34 289 Burr, 2004; Lyons et al., 2005). However, the tidemark is not only featured by presence of
35
36 290 calcium deposition; it contains multiple molecules (phospholipids, alkaline phosphatase,
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38 291 adenosine triphosphatase, DNA, lectins) revealed by a wide range of histologic stains
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40 292 (Dmitrovsky, Lane and Bullough, 1978; Havelka et al., 1984; Oettmeir et al., 1989; Lyons et
41
42 293 al., 2005). Furthermore, we have purposely conducted the study according to the OARSI
43
44 294 recommendation for assessment of cartilage and osteochondral junction in ovine, i.e. with a
45
46 295 decalcification step during the histological processing of osteochondral samples (Little et al.,
47
48 296 2010). Another limitation is the lack of one-year old sheep to determine the apparition of the
49
50 297 first tidemark. Those animals are not frequently available for research since they are young
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52 298 skeletally mature animal at the beginning of their reproductive career, and therefore not likely
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54 299 to be reformed.
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5 301 **Conclusion**
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7 302 Documentation of animal models is a concern in research and should be pursued to ensure
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9 303 accurate evaluation of the model and of the tested hypothesis. In the current study, we
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11 304 demonstrated that the multiplication of the tidemark is associated to ageing in the stifles of our
12
13 305 sheep population aged between 6 months and 11 years old, without clinical signs of
14
15 306 osteoarthritis. The tidemark count was weakly correlated to OARSI scores, confirming that
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17 307 tidemark count is not a feature of osteoarthritis. This might have implications in the
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19 308 interpretation of the OARSI histological score in sheep. Indeed, ageing seems to be more
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21 309 relevant to tidemark count than osteoarthritis progression in the sheep, as well as in man and
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23 310 dogs.
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Review Only

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3 540 **Table 1:** Tidemark count and OARSI score values (median and interquartile range) for the three
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5 541 age groups.
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	6 months to 3 years old (N = 28)	4 to 6 years old (N = 31)	7 to 11 years old (N = 21)
Tidemark count			
Median	2.67	4.33	6.67
Range	(1.33 – 4.00)	(3.33 – 5.50)	(5.30 – 8.08)
OARSI Scores			
Median	1.50	2.00	3.00
Range	(1.00 – 3.00)	(1.00 – 5.00)	(1.00 – 7.00)

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29 543 N= number of sheep. Mean tidemark count and OARSI scoring of both limbs were considered
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31 544 for each sheep.
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33 545 The tidemark count ($P<0.0001$) and the OARSI scores ($P=0.0197$) differed significantly
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35 546 between groups.
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548 **Figure legends**

549 **Figure 1.** Sampling sites in the middle third of the medial tibial condyle (MTC), medial femoral
550 condyle (MFC), lateral tibial condyle (LTC) and lateral femoral condyle (LFC). Tibial slabs
551 were centered on the intercondylar eminence (black lines). Femoral slabs were obtained in the
552 centre of the middle third of the circumference of the condyle (black lines and dotted black
553 box). White rectangles illustrate the histological slices that were obtained, each abaxial (Ab)
554 and axial (Ax) part being assessed separately at microscopy. White arrows highlight cartilage
555

556 **Figure 2.** The osteochondral junction at histology.

557 A. The white line indicates non-calcified hyaline cartilage (HC); the black line is the calcified
558 cartilage (CC).

559 B. White arrows indicate tidemarks.

560 C. Histological slide showing the absence of tidemark in a sample of cartilage of the medial
561 femoral condyle in a 6 months old sheep.

562

563 **Figure 3:** Number of tidemarks in the different sub-regions for right and left limbs, expressed
564 as median and interquartile range (bar). Asterisks means that statistical significance ($P<0.05$) is
565 reached for the difference between the axial and the abaxial part of the region.

566 MFC, LFC: medial and lateral femoral condyle, respectively; MTC, LTC: medial and lateral
567 femoral condyle, respectively.

568

569 **Figure 4:** OARSI scores in the different sub-regions for right and left limbs, expressed as
570 median and interquartile range (bar). Asterisks means that statistical significance ($P<0.05$) is
571 reached for the difference between the axial and the abaxial part of the region.

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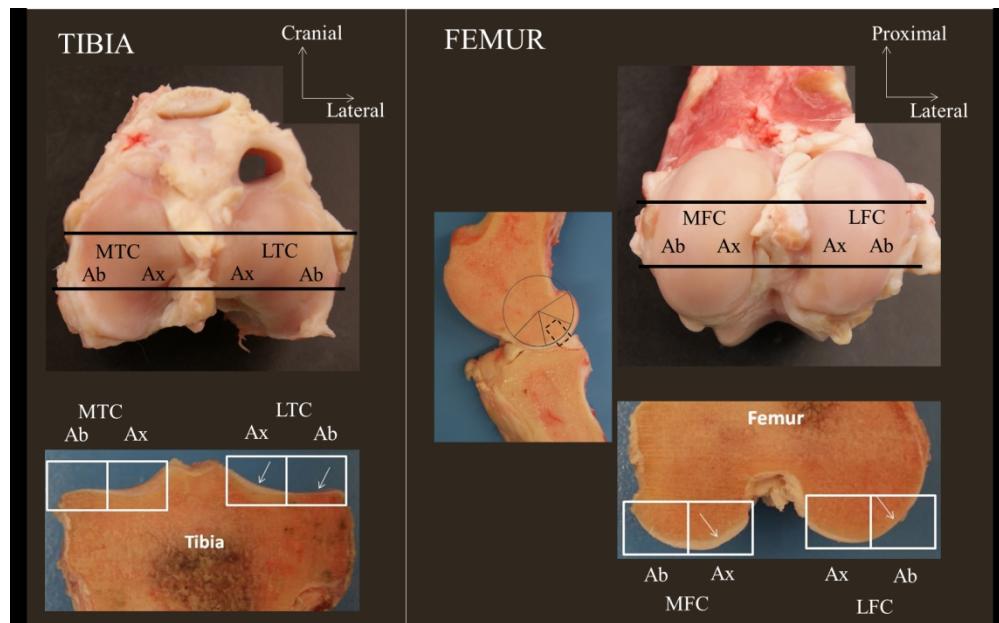


Figure 1. Sampling sites in the middle third of the medial tibial condyle (MTC), medial femoral condyle (MFC), lateral tibial condyle (LTC) and lateral femoral condyle (LFC). Tibial slabs were centered on the intercondylar eminence (black lines). Femoral slabs were obtained in the centre of the middle third of the circumference of the condyle (black lines and dotted black box). White rectangles illustrate the histological slices that were obtained, each abaxial (Ab) and axial (Ax) part being assessed separately at microscopy. White arrows highlight cartilage.

155x96mm (300 x 300 DPI)

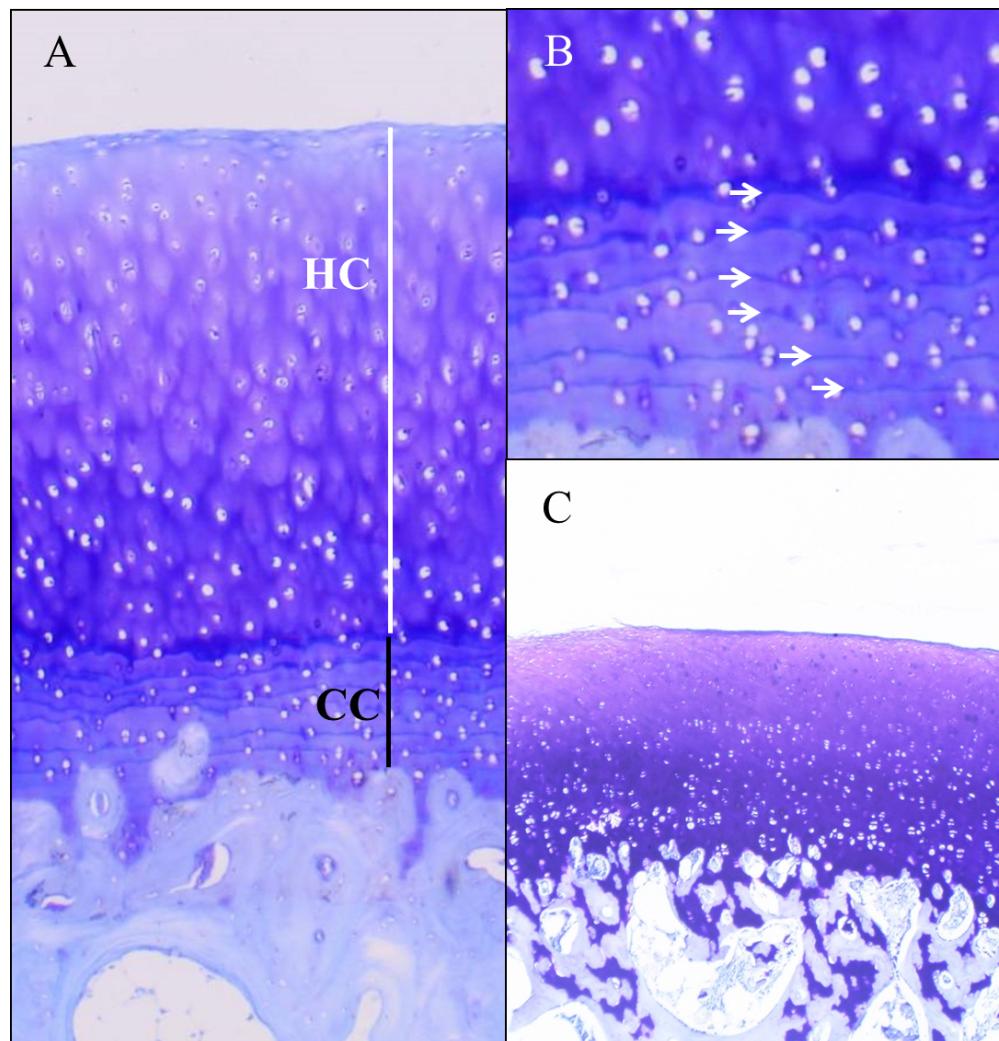


Figure 2. The osteochondral junction at histology.

A. The white line indicates non-calcified hyaline cartilage (HC); the black line is the calcified cartilage (CC).
B. White arrows indicate tidemarks.
C. Histological slide showing the absence of tidemark in a sample of cartilage of the medial femoral condyle in a 6 months old sheep.

92x95mm (300 x 300 DPI)

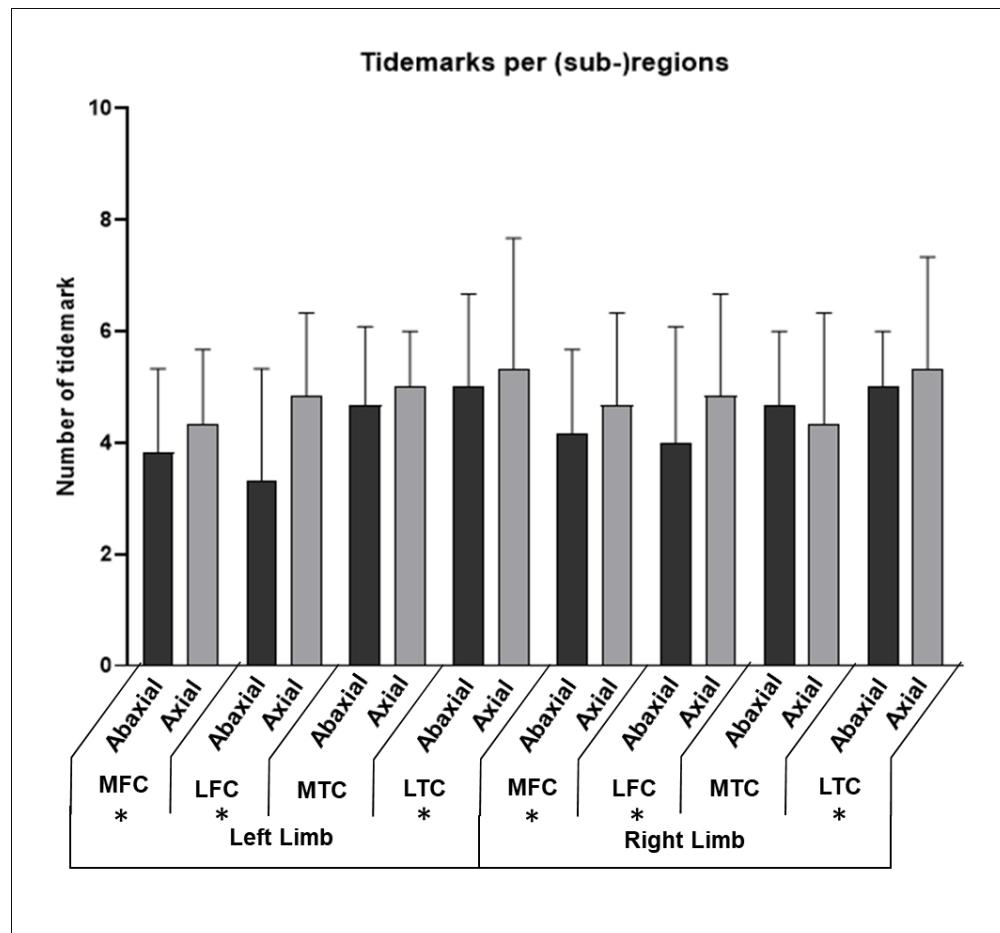


Figure 3: Number of tidemarks in the different sub-regions for right and left limbs, expressed as median and interquartile range (bar). Asterisks means that statistical significance ($P<0.05$) is reached for the difference between the axial and the abaxial part of the region.

MFC, LFC: medial and lateral femoral condyle, respectively; MTC, LTC: medial and lateral femoral condyle, respectively.

90x85mm (300 x 300 DPI)

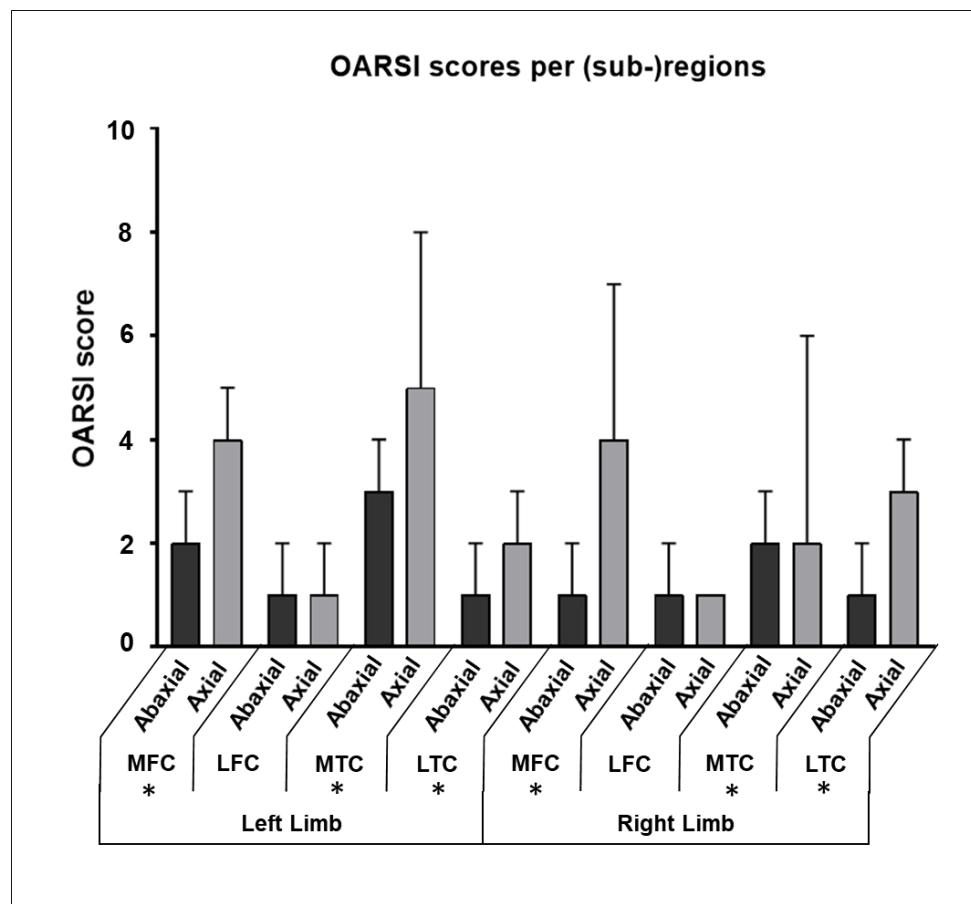


Figure 4: OARSI (OsteoArthritis Research Society International) scores in the different sub-regions for right and left limbs, expressed as median and interquartile range (bar). Asterisks means that statistical significance ($P<0.05$) is reached for the difference between the axial and the abaxial part of the region. MFC, LFC: medial and lateral femoral condyle, respectively; MTC, LTC: medial and lateral femoral condyle, respectively.

92x92mm (300 x 300 DPI)

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