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### The osmotic demyelination syndrome

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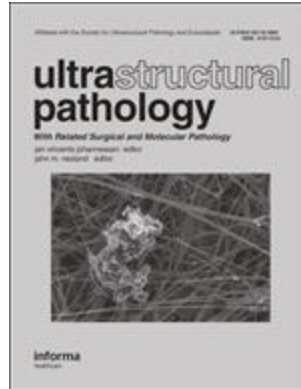
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**The osmotic demyelination syndrome: the resilience of thalamic neurons is verified with transmission electron microscopy.**

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3 **The osmotic demyelination syndrome: the resilience of thalamic neurons is verified**  
4 **with transmission electron microscopy.**  
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28 **Abstract**  
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31 The development of a murine model of osmotic demyelinating syndrome (ODS) allowed to  
32 study changes incurred in extrapontine zones of the CNS and featured neuron and glial cell  
33 changes in the relay thalamic ventral posterolateral (VPL) and ventral posteromedial (VPM)  
34 nuclei before, during and after ODS induction, and characterized without immune response.  
35 There, the neuron Wallerian-type deteriorations were verified with fine structure modifications  
36 of the neuron cell body, including some nucleus topology and its nucleolus changes.  
37 Morphologic analyses showed a transient stoppage of transcriptional activities while  
38 myelinated axons in the surrounding neuropil incurred diverse damages, previously reported.  
39 Even though the regional thalamus myelin deterioration was clearly recognized with light  
40 microscopy 48h after osmotic recovery of ODS, ultrastructure analyses demonstrated that, at  
41 that time, the same damaged parenchyma regions contained nerve cell bodies that have  
42 already reactivated nucleus transcriptions and neuroplasm translations because peculiar  
43 accumulations of fibro-granular materials, similar to those detected in restored ODS  
44 astrocytes, were revealed in these restructuring nerve cell bodies. Their aspects suggested to  
45 be accumulations of ribonucleoproteins. The findings suggested that progressive neural  
46 function's recovery in the murine model could imitate some aspects of human ODS recovery  
47 cases.  
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60 **Running title:** ODS thalamus and neuron cell bodies

**Key words:** Murine – thalamus – neuron – cell body - nucleus – nucleolus - ultrastructure  
– osmotic demyelination syndrome – cell injury – restoration –

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*“Fortiter defendit triumphans”* ('Triumphing by brave defence')

[Motto of Newcastle upon Tyne, UK]

**Introduction**

The osmotic demyelination syndrome (ODS) encompasses a non-inflammatory neuropathology of broad symptomatology: from disorientation, slight confusion, paresis, deafness, memory loss to seizure, unresponsiveness and coma, depending on the degree of myelin loss in the brain distributed as 'central pontine myelinolysis' (CPM) and 'extrapontine myelin' (EPM) lesions [1-8] with EPM preceding those of CPM [9-11]. Possibly, human EPM cases seemed more frequent than CPM [12]. Furthermore, the percentage of patients involved with ODS has increased recently due to a more frequent magnetic resonance imaging (MRI) utilization in clinical settings [10, 13-23].

Chronic hyponatremia with subsequent ODS can occur in diverse conditions as soon as homeostatic level of [Na<sup>+</sup>] is perturbed [24-28] and can be more frequent in aging population [29]. In the old and current literature, number of reports of regional CPM and EPM ODS defects showed as consequences of abrupt adjustment of a temporary or chronic deficiency of the homeostatic sodium gradient. Its etiology can be found in a series of diverse afflictions [30], such as in these exemplary list of clinical studies: alcoholism and/or combined with malnutrition [1, 19, 31-40], craniofacial and neurosurgeries [41-42], diarrhoea with AIDS [43], excessive vomitus alone [44] or associated with pregnancy [45-46], hyper glycemia [47], paediatric diabetes [48], diabetes insipidus due to cancer treatments [49, folate deficiency and kidney defect [50], Grave's disease [51], diuretic unbalance and heart failure [52-55], heat exhausting exercise [56-57], liver cirrhosis [58- 59] or liver transplantation [29, 60- 61].

Disorders of sodium and osmotic homeostasis have been found in diverse small mammals [62-63]. Laboratory rats and dogs have traditionally been the species used in ODS research studies [64-67]. The development of genetically modified mouse models has hinted a way for

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3 the manipulation of genes or cells possibly relevant to the pathophysiology of ODS. Insofar,  
4 three other studies have tried to create rodent models of ODS [68-71]. In the present  
5 paradigm, mice were experimentally subjected to chronic severe hyponatremia and then  
6 abruptly corrected allows to comfort the other published studies on this developed model of  
7 osmotic demyelinating syndrome (ODS) where changes were found in several CNS CPM and  
8 EPM regions, where containment and repairs were focused on the relay ventral posterolateral  
9 (VPL) and ventral posteromedial (VPM) thalamic nuclei. There, the susceptibility toward  
10 osmotic-induced demyelination as ODS was triggered by astrocytes signals from the osmolyte  
11 stress to oligodendrocytes allowed some responses of **microglial cells** and myelinolysis  
12 without incurring neuron cell death [72-74].

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14 The aims of this report specifically focused on neuron' s cell body changes the same areas,  
15 i.e. the ventral posterolateral (VPL) and ventral posteromedial (VPM) relay nuclei, during and  
16 after ODS by using morphology techniques, with emphasis on electron microscopy aspects.  
17 **The morphology of these murine thalamic relay areas was illustrated by endured neuron**  
18 **changes in demyelination with some distal extension excisions of the Wallerian type where no**  
19 **nerve cell death had occurred. During the treatment, some internal strategy revealed changes**  
20 **of the nucleoplasm and its nucleolus that comforted some slowed down or even hiatus or**  
21 **stoppage in nerve cell bodies of their** transcriptional and translational activities. Those  
22 functions appeared reinstated as soon as 48h following rebalancing the physiologic  
23 environmental natriuremia. The collected data comforted the cell's survival adjustments  
24 compared to those of the macroglial and microglial cells of the myelinolytic areas of the  
25 thalamus of the same ODS readjustment periods studied and described in the aforementioned  
26 contributions [72-74]. These ultrastructure data can complete or resembled the clinical  
27 resolution observed with osmotic resolution noted in recent clinical findings [75] but where, in  
28 some cases, the clinical treatment and resolution is still uncertain [76-78]. Furthermore, our  
29 observations certainly open for further studies to understand and verify as to how neuron along  
30 with neuroglial plasticity would further restore functions of those susceptible CNS regions.

## 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 **Materials and Methods**

### 48 49 50 **a. The animals**

51 Male C57bl/6J mice, aged from 3 to 4 months were kept in the University Animal Facility  
52 according to the experimental ODS protocol was conducted in compliance with the European  
53 Communities Council Directives for Animal Experiment (2010/ 63/EU, 86/609/EEC and 87–  
54 848/EEC), approved by the Animal Ethics Committee of University of Namur (ethic project  
55 number 14–210).

### **b. The murine ODS protocol**

ODS induction was based on the correction of a chronic hyponatremia, according to an adapted protocol from [67], as described in [72-73]. Briefly, an osmotic minipump (Model 1004, Alzet, Cupertino, CA) was filled with desmopressin acetate (2 µg/ml; Minirin, Ferring, Saint-Prex, Switzerland) and inserted subcutaneously under anaesthesia into the back of animals at day 0. Standard pellets and water were switched to a low-sodium liquid diet (AIN76A, MP Biomedicals, Santa Ana, CA), given ad libitum for the whole duration of hyponatremia. At day 4, hyponatremia level and serum sodium were increased back to normonatremia using a single intraperitoneal injection of NaCl 1M (1.5 ml/100 g body weight). Minipumps were left into animals until the end of experiments. Unless otherwise specified, any procedure involving anaesthesia was performed using intraperitoneal injection of a cocktail of ketamine 100 mg/kg and xylazine 5 mg/kg.

### **c. Experiment groups:**

This fine structure investigation complements others made with neurophysiology, histology and immunohistochemistry where four groups were used (Fig 1): Group 1 were normonatremic mice (NN; n=2) sacrificed at day 0; Group 2 were hyponatremic mice (HN; n=2) sacrificed 4 days after the induction of hyponatremia (day 0 + 4-day treatment period) of 'chronic hyponatremia' as described in the ODS protocol. Groups 3 and 4 were mice which underwent the 4-day 'chronic hyponatremia' abruptly provided with normonatremia as both ODS Groups., i.e. Group 3 included mice sacrificed 12h after this fast restoration of normal natremia, thus named ODS 12h group (ODS12h; n=3) while Group 4 mice encompassed mice sacrificed 48h post osmotic correction hence named ODS48h (n=3).

### **d. Light microscopy (LM) and immuno-histochemistry**

Under anaesthesia, all the mice were exsanguinated and perfused transcardially with warm NaCl 0.9% followed by phosphate-buffered 4% paraformaldehyde (PFA). Brains were removed, divided into two hemispheres and post fixed overnight in the same PFA fixative solution.

For histology, brains were then dehydrated, paraffin-embedded and sectioned into 6 µm thick microscopic preparations that were stained with hemalum and chromoxane cyanine R or Eriochrome C for general topographic observation of nuclei and myelin [79-80].

For immune-histochemistry, a general processing was followed according to Sternberger [81]. The paraffin sections were dewaxed, rehydrated and heat-induced antigen retrieval was performed in citrate buffer pH 6 at 100°C for 10 minutes. Endogenous peroxidase was quenched using 3% H<sub>2</sub>O<sub>2</sub> in methanol for 10 min. Non-specific binding was blocked using 5% horse or goat serum diluted in Tris-buffered saline (TBS) for 15 min. In order to characterize

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3 neurons, sections were then incubated overnight at 4°C with NeuN primary antibodies diluted  
4 (1:1000, Cell Signaling D3S3I, Leiden, The Netherlands) in TBS containing 1% normal serum,  
5 overnight at 4°C. Then, sections incubated with a biotinylated secondary antibody (1:100,  
6 Vectastain, Vector Laboratories, Burlingame, CA) for 1 hr at room temperature and contrasted  
7 peroxidase-bound streptavidin (1:100; Vectastain) for 45 min. Revelation was done using  
8 diaminobenzidine substrate (Dako, Glostrup, Denmark). Finally, sections were counterstained  
9 with hemalum, dehydrated and mounted in DPX. Sections were observed with an Olympus  
10 BX63 microscope (Olympus, Tokyo, Japan) equipped with Hamamatsu Orca-ER camera and  
11 images were acquired with the Cell Sens software.  
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### 19 e. Electron microscopy

20 Under anaesthesia, mice were perfused transcardially with a solution of PFA 2% and  
21 glutaraldehyde 2% in 0.1 M phosphate buffer (pH 7.4). Selected brain regions were harvested  
22 and post-fixed in glutaraldehyde 4% for 2 hr. Thalamus ventral posterolateral (VPL) and  
23 ventral posteromedial (VPM) thalamic regions were dissected (Fig. 1b) and VPM and VPL  
24 nuclei were sampled (lateral plans 1.0 to 2.0 mm from interhemispheric fissure) according to  
25 the mouse brain atlas of Franklin and Paxinos [82]. Samples were harvested using a  
26 neurological punch of 0.69 mm of internal diameter (Fine Science Tools #18036-19,  
27 Heidelberg, Germany). Tissues were washed in Millonig's buffer containing 0.5% sucrose for  
28 24 hr and were then post-fixed in OsO<sub>4</sub> 2%, dehydrated and finally embedded in epoxy resin.  
29 Semi-thin sections were stained with toluidine blue to choose selected regions of interest for  
30 fine structure analyses. Ultrathin grey sections (ranging from 40 to 70 nm) of these regions,  
31 obtained with a diamond knife, collected on 200 and 300 mesh nickel grids (Micro to Nano,  
32 Haarlem, The Netherlands) and contrasted with uranyl acetate and lead citrate were observed  
33 with a Philips Tecnai 10 electron microscope, at an accelerating voltage of 60-80 kV, equipped  
34 with a digitized Olympus ITEM platform MegaView G2 image analysis.  
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## 46 Results

### 47 1. Light microscopy (LM):

#### 48 a. Myelin and ODS:

49 Figure 2 A-D is a pane of microscopic anatomy of mice NN, HN, ODS 12h and ODS 48h brain  
50 sections stained with haematoxylin and Eriochrome C. The damaged thalamus region in  
51 ODS48h treated mice was poorly stained compared with those of NN, HN and ODS12h  
52 thalami where no obvious difference of myelin staining was observed with LM. The ODS 48h  
53 section revealed the entire zone had undergone myelinolysis at that stage, post HN treatment,  
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3 said as after chronic hyponatremia, and fast readjusted to normonatremia; this is when LM  
4 showed recognizable histopathological damages.  
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#### 8 **b. LM and NeuN immunolabeling**

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10 The NeuN marker labelled all the neurons of the sections of the ventral posterior thalamic  
11 nucleus from NN-, HN-, ODS12h- and ODS48h-treatments. Albeit of similar thickness, each  
12 showed difference in the NeuN contrast while hemalum stained nuclei, including those of  
13 macroglia, noted as satellite oligodendrocytes and highlighted in the examples inserted of  
14 each treatment in the same pane, Figure 3. At first glance, ODS12h treated **thalamic** sections  
15 contained cell bodies with the highest labelling intensity for NeuN of the detected marker and,  
16 following a qualitative review of the faint to strong brownish hue. One evaluated semi-  
17 qualitatively NeuN contrasts between treatments to be in the sequence: ODS12h > NN =  
18 ODS48h > HN. It is noteworthy to indicate that if ODS12h showed the highest contrast among  
19 all, the nuclei bore a poor NeuN label as they appeared with large emptied patches across the  
20 nucleoplasm while all other treatments revealed a diffused cell body immunostained pattern  
21 that encompassed nucleus and neuroplasm.  
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#### 30 **c. LM of Semi-thin epoxy sections**

31 In both the ventral posterolateral (VPL) and ventral posteromedial (VPM) thalamic regions  
32 (the ventral posterior nucleus) 1- $\mu$ m semi-thin sections stained with toluidine blue, Sham or  
33 NN neuron cell bodies were easily recognized from the neuroglial cells (Fig 4 NN, HN,  
34 ODS12h and ODS48h). The neuron somata were usually the largest sized cells, round to  
35 oblong that ranged between 9.0 to 12.5  $\mu$ m in diameter; they contained a large, poorly-  
36 contrasted nucleus (7.5 to 11  $\mu$ m in diam.). The large nuclei were often creased against a pale  
37 basophil neuroplasm that displayed a highly-contrasted but wide nucleolus against a faint  
38 metachromatic perikaryon due to some glycogen content. Although, following HN and  
39 ODS12h treatments, cell bodies did not demonstrate obvious damage under LM  
40 examinations, a definite rounding or shrinking compacted aspect were noted for most nucleoli  
41 in both HN and ODS12h treatments. On the opposite, ODS48h treated nuclei appeared to  
42 reveal NN features, including the topology of invaginated nucleolemma showing grooves and  
43 even some basophilia throughout the neuroplasm. This contrasted with the histologic, paraffin  
44 preparation where the ODS48h overall damage was observed by paler staining in the  
45 Eriochrome-stained sections of Figure 2, likely caused by an overall myelinolytic detection.  
46 Thus, if all the light microscopic preparations originated from NN, HN, ODS 12h and ODS 48h  
47 demonstrated nucleus and perikaryon changes, one had to survey these findings with fine  
48 structure analyses in order to verify what type(s) of ultrastructural modifications had been  
49 taken place in the thalamus where neurons have endured some Wallerian degeneration by  
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3 hyponatremia and its rapid rebalancing. Following ODS, the features detected in each of the  
4 treatment became interesting in spite of the ODS 48h cell bodies to appear in many aspects  
5 similar to NN nuclei while adjacent surrounding structures featured some remained  
6 degradations (Fig 4 ODS48h).  
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## 10 11 **2. Ultrastructural aspects**

12 The fine structure observations here reported concerned both the ventral posterolateral (VPL)  
13 and ventral posteromedial (VPM) thalamic nuclei cell bodies. There, most are interneurons  
14 whose neuropil contain long entwined neurite's extensions undergoing ODS myelinolysis, i.e.  
15 axons, dendrites and neuroglial structures that were investigated in other studies [72-74]. It is  
16 also clear that, at ODS12h, the ultrastructure examination allowed to verify the demyelinating  
17 zones along with the surrounded intact region of the thalamus nuclei while LM aspects were  
18 not entirely able to show the fine changes whether damaged, undamaged or undergoing  
19 repairs. For each treatment, several examples of cell bodies were displayed in panes of  
20 Figures 5-15.  
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### 28 **2.a. NN thalamus:**

29 NN neuron cell bodies were typically oblong to round shaped according to randomness of  
30 sectioning. They contained a large euchromatic nucleus with minor to deep indentations that  
31 gave them with LM semi-thin sections a sort of wrinkled coffee bean-like aspects. Their  
32 heterochromatin content was faintly dispersed throughout the nucleoplasm as discrete  
33 clusters while a few rare packets decorated the inner nuclear envelope membrane with a part  
34 that constituted the chromatin associated portion of the nucleolus. The nucleolus often  
35 reached 1.5 to 3.5  $\mu\text{m}$  wide and displayed characteristics of a very active cell. There, the  
36 chromatin associated (CA) with the nucleolus component was noticed as the most heavily  
37 contrasted component of the active nucleolus forming wavy, dense entwined swirls (dense  
38 fibrillar region or DF) delimitating circular zones containing the fine fibrillar regions (or FF),  
39 altogether named nucleolar organizer centers or NORs. Thus, a NOR usually appeared as a  
40 round hole perforation-like of the netting aspect whose content usually is a fine fibrillar region  
41 or body where the ongoing transcriptions occurred (Figs 5 A-D and 6), as recognized and  
42 identified by previous studies. An enormous nucleolus with numerous NORs is depicted in  
43 Figure 5 C-D where the resulting transcripts can be recognized as innumerable  
44 ribonucleoproteins and appeared as accumulated granular component. According to activity  
45 of the cell, these accumulations, within the meshwork of DF can create an overflow granular  
46 'cloud' that constituted the other nucleolus component or granular center (GC) of the nucleolus  
47 within the nucleoplasm (Fig 5D). Again, any random sectioning plane sometime did not allow  
48 to view the entire complexity of the nucleolus. In any favorable case of plane of ultrathin  
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3 sectioning, the neuron nucleolus was most often detected in a subcentral core position of the  
4 nucleoplasm associated with a zone where one deep indentation of the nuclear envelope  
5 existed as seen with LM views (Figs 3, 4 and 5 A-D). The perikaryal areas of the neuron cell  
6 bodies seemed narrow but crowded by typical cell's organelles such as small stacks of Nissl  
7 bodies where RER-SER and free polysomes accompanied concentrically-located saccular  
8 packets of Golgi apparatus, small but numerous mitochondria and a few lysosomal bodies  
9 among which some displayed pale inner fatty droplets, making them typical lipofuscin residual  
10 deposits. It necessitated some scrutiny to detect some of the axo-somatic synaptic zones  
11 along the perikaryal neurolemma as marked with arrows (Fig 6).  
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## 19 **2.b. HN thalamus:**

20 At first glimpse, this chronic hyponatremia treatment featured HN neurons that displayed a  
21 serrated or crumpled to round aspect, according to their location that went along with a  
22 matching pattern of the nucleus shape (Fig 7 A-B). A rounder aspect can be noted when  
23 adjacent to blood vessels (Fig 7A) while the elongated, crumpled shape, was noted in the  
24 neuropil (Fig 7 B). In all cases, the large euchromatic nucleus reminded the large NN ones  
25 while the astrocytes or oligodendrocytes contrast was changed, as highly enhanced compared  
26 with those NN ones, as suggested by semi-thin sections (Fig 3 HN) as also noted in other  
27 studies by [72-74]. Furthermore, the nucleus envelope wrinkled outline was enhanced by the  
28 small accumulated blotches of heterochromatin (0.1 to 0.8  $\mu\text{m}$  long) along the inner membrane  
29 while accumulated 35-150 nm specks or knots of heterochromatin distributed throughout the  
30 nucleoplasm. In some areas of this nucleoplasm, groupings of 35-65 nm wide specks were  
31 seen in the loosen marble-like, entwined small heterochromatin condensations. In these HN  
32 cells, a densely contrasted nucleolus was disclosed demonstrating a dissociation into its  
33 subcomponents, especially between the compacted ribonucleoproteins viewed as round to  
34 piriform granular center (GC), its discrete nucleolemma interstices and its associated  
35 heterochromatin (CA) outlined by a progressing rift between the GC mass and the CA  
36 components (Figures 7 A-B and D). Other features of neuron cell bodies were the perikaryon  
37 organelles such as winding saccules of endoplasmic reticulum (ER) showed contrast but were  
38 free of the disseminated, surrounded polyribosome strings and a major Golgi zone. Other  
39 membranous structures appeared as lysosomal bodies or autophagosomes insulating  
40 damaged structures, forming wraps and contained some polysomes. Several peculiar round  
41 aggregates, dense to electron, and ranging from 100 to 250 nm in width, decorated the  
42 neuroplasm and emerged in the adjacent neuroplasm of these Golgi cisterns. These bodies  
43 occurred without a limiting membrane and made of hazy material that even after scrutiny of a  
44 higher ultrastructural magnification did not resolve into any structured organelle or cytoskeletal  
45 microfilaments (Fig 7 C). This hyponatremia seemed to have induce minor cristae swelling of  
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3 the many but small mitochondria found that did not display evident gross swelling and  
4 hypertrophy like those of macroglial cells.  
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## 8 **2.c. ODS12h thalamus:**

### 9 **c1. Inside the zone of degraded myelin:**

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11 If degradations of the neuropil at ODS12h were not visible with LM, TEM observations were  
12 able to detect early significant defects that occurred within the worst damaged areas only  
13 viewed with LM at ODS48h, i.e. the nerve cell bodies were mainly preserved during these  
14 ongoing demyelination injuries involving the distal cell extensions and the macroglia (Fig 8 A-  
15 E). These neurons usually displayed a compact, sub centrally-located nucleolus that showed  
16 complete dissociation between its components involved in transcriptional activities, i.e. the  
17 chromatin associated with the nucleolus was segregated away from the granular center that  
18 formed a sphere-shaped mass speckled by tiny pale-contrasted regions, maybe as left-overs  
19 or constricted fine fibrillar centers. The amassed macromolecular structures revealed fine,  
20 sprinkled dot pattern of 20 nm or less in size; additionally, no evident nucleus envelope indent  
21 was found (Fig 8 A, B and D). Most of the time, the perikaryon adjacent to the nuclear envelope  
22 revealed in all neurons one long curved emptied vacuolated space amongst the neuroplasm  
23 and amongst grossly swollen mitochondria, endoplasmic reticulum (ER) cisterns and  
24 lipofuscin bodies that contrasted with accumulated small size, disintegrated-like polysomes.  
25 There, parts of were noted with disintegrated Golgi zones. Membrane seemed to have  
26 incurred 'fragilization' because showed single leaflet membrane as unilateral remnants as  
27 curve-shaped and teared areas of the neuroplasm that cannot be identified as parts of that  
28 ER (Fig. 8 A-E). If some initial segment as axon hillocks can be seen (e, g, Fig. 8 A), other  
29 structures, such as axo-somatic synapses, noted in NN cells, were not recognized.  
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### 43 **c 2. In the adjacent reactive astrogliosis zones, at ODS12h:**

44 Further away from the deteriorated region, ODS12h neurons preserved cell bodies with axon  
45 hillock extensions, even if some were difficult to outline (Fig 9 A-D). However, most ODS12h  
46 cell bodies maintained axo-somatic synaptic zones along the neurolemmal perimeter as  
47 exemplified in Figure 9 D. The nerve cell bodies were still the largest cells amongst the neuropil  
48 showing round to ovoid nuclei appeared euchromatic and kept only small indents while the  
49 nucleoli condensed in large accumulated-like and elongated complex spheroids of granular  
50 ribonucleoproteins that seemed separated by narrow splits from the associated contrasted,  
51 chromatin fibrillar region aggregated, detected as one or more neighbouring patches. Most of  
52 these features revealed stoppage of transcriptional activities but not enduring damages found  
53 in oligodendrocytes and astrocytes. Simultaneously, a loosen, marbled aspect of the  
54 nucleoplasm exposed its euchromatic features with displays of innumerable freckles of  
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3 heterochromatin whose groupings can be revealed throughout the nucleoplasm and outwardly  
4 enhanced the inner membrane of the envelope. The perikaryon also contained a few erratically  
5 long, wined RER cisterns accompanied by lots of small polyribosomes where several small  
6 stacks or elongated Golgi apparatus saccules were viewed as circumscribing dilated parts of  
7 the perikaryon. In the same areas, the surrounding neuropil contained parts of intermingled  
8 oligodendrocytes (Fig 9 B and D), conspicuous with their condensed nucleus and cytoplasm,  
9 indicating that general acidification and distal, regional damages these cells had undergone  
10 while ODS recovery was apparently happened in neurons, as seen in this study. These nerve  
11 cell bodies were noted having preserved many axosomatic synaptic zones (Fig. 9 D).  
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### 19 **3. ODS48 h thalamus:**

20 As a result of this treatment, neuron cell deaths were never found whether with LM or TEM.  
21 Instead, in the adjacent neuropil of these neuron cell bodies, ODS demyelination damages  
22 lingered as swollen vacuolated corpses of axons and voids, displaying variable widths, were  
23 further evidences of degradations (Fig. 10 A-C). ODS 48h neuron cell bodies demonstrated  
24 large size. In these cell bodies, the nucleoli became again constituted by a highly contrasted,  
25 thick fibrillar component (or chromatin associated) that formed small were noticed as  
26 evidences of huge transcription activities with only small granular adjacent regions (Figs 11-  
27 13). heightened and sometimes branching nuclear envelope furrows and with some of them  
28 appeared reaching inwards and abutted the nucleolar structure (Figs 11-13). Most nucleoli  
29 rebuilt up their entwined components and became as large as 5-7  $\mu\text{m}$  long (Figs 11-A-E, 12A-  
30 B, 13 A-D). There. NORs were again easily detected as accentuated twirls or tight chromatin  
31 spirals wherein narrow poor contrasted, fine fibrillar regions developed and both got  
32 surrounded by clouds of granular centers of huge number of ribonucleoproteins (Figs 11 -13).  
33 At this time course of thalamic experiment, perikaryal translational activities were also adjusted  
34 by the functional organelles similar to those typified in NN neurons: polyribosomes and some  
35 RER, Golgi apparatus with stacks of saccules, small and elongated mitochondria and  
36 neurotubules even though Nissl bodies were not evident amongst the innumerable ribosomes,  
37 in dispersed forms either as free polysomes or attached to the endoplasm saccules. Many  
38 lysosomal bodies as remnants of autophagosomes and lipofuscin bodies can be viewed, along  
39 the nuclear envelope left and, in some cells, fragile tiny zones (Fig 10 A-C) or amongst the  
40 wide perikaryal other organelles (Figs 14 and 15). There neurotubules are haphazardly  
41 scattered among neuroplasm fields. In some neurons, recovering axo-somatic contacts and  
42 the many perikaryal functional organelles revealed peculiar fibro-granular aggregates that can  
43 reach 1-1.5  $\mu\text{m}$  in diameter, such as in Figure 11A, enlarged in Figures 14 and 15. A scrutiny  
44 of them showed protuberant filamentous and granular components. There, the granular  
45 components seemed to reach the size of ribosome particles or parts of them while the  
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3 intermingled thin filaments reached much less than 7 nm and are closely matched with either  
4 some mRNA inter-ribonucleoproteins or as actin cytoskeleton, unless tangled oligomer parts  
5 of neurofibrils but those could not be detected in these damaged zones under reactivation but  
6 in other cortex zones, adjacent to thalamus [73]. Meanwhile, we have reported [72-74] that,  
7 satellite oligodendrocytes (Fig. 13 A and C) and interfascicular ones as well as astrocytes,  
8 after enduring reactive astrogliosis - as clasmatodendrosis – survived after damages and were  
9 recognized by their loose deposits of beta-glycogen particles (Fig 14, as in [74]. In this study,  
10 they were again detected, not without scrutiny, among the neuropil as delicate extensions by  
11 resolving spread of the same beta-glycogen particles in most sections of the specimen  
12 studied, but only with the highest magnifications.

## 20 Discussion

21  
22 Neurons cell bodies have been reviewed extensively in classic textbooks dealing with normal  
23 ultrastructure and some pathology [83-88]. There, most features described and reviewed with  
24 fine structure aspects belonged to the CNS pyramidal and cerebellar structures while  
25 myelination formation, biochemistry and as well as and defects were also parts of more  
26 specialized books [89-90] but very few of them have dealt with thalamus fine structure [85, 91-  
27 94]. However, thalamus connectivity has been done in scarce publications (i.e. [95]) and some  
28 authors who have even entitled ‘ultrastructure’ in their reports only illustrated with light  
29 microscopy (i.e. 54, 94, 96) while others showed morpho-functional interconnections [97-100].

### 36 1. ODS Demyelination in the murine thalamus:

37  
38 The thalamic neurons studied are part of the relay ventral posterolateral (VPL) and  
39 ventral posteromedial (VPM) nuclei [85, 91-92]. These thalamic osmotically extrapontine-  
40 susceptible regions contain neuroglial cells that undergo injuries and cell deaths recognized  
41 to incur as regional damages associated with myelinolysis [72-74, 101-103]. These regions  
42 are essentially constituted by inhibitory interneurons that synthesize GABA or neuropeptides  
43 as neurotransmitters [104] and modulated by numerous serotonergic or norepinephrinergic  
44 axons interrelationships can see their functions altered by ODS [72]. If nowadays, ODS  
45 clinical defect is now being adjusted [105], literature still contains clinical cases developed  
46 along a similar neuropathologic pattern which outcome has still need to be best cared for by  
47 understanding the etiology and defect outcome [106-108], probably originating from  
48 astrocyte signals caused by the osmotic stress [73- 74, 101-103] and defect in the blood-  
49 brain barrier [111-112]. In the CNS, thalamus is a region where most frequent ODS myelin  
50 loss first occurred; it has one of the highest energetic demands of the CNS, confirmed by  
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3 tomographic imaging for its peculiar sensitivity [113], maybe implicating some neurovascular  
4 coupling [114-115].  
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6 Thalamic neurons have been described in some aspects of morphology encompassing the  
7 relay functions deemed by these areas of the thalamus, but only a few studies included  
8 ultrastructure aspects in mammals [91-93, 116- 123]. In other studies, where a rapid  
9 correction of chronic hyponatremia in rats recapitulates most of the human ODS  
10 histopathology, it was shown that myelin and oligodendrocyte losses occurred with neurons  
11 and axons sparing in specific brain regions such as cortical regions, hippocampus and basal  
12 ganglia associated with somatosensory relationship defects [64,101-102]. In this paradigm,  
13 following other similar studies [72-74], the same murine model developed an astrocytopathy  
14 leading into oligodendrocytopathy with unambiguous demyelinating lesions in the thalamus,  
15 as shown in Figure 2 A-D. Following haematoxylin and eriochrome cyanine R staining,  
16 parasagittal brain sections demonstrated a conspicuous loss of myelin of the white matter in  
17 several specific regions, such as the thalamus, colliculus, and pons. The demyelinated  
18 thalamus region was delimited with sharp borders in ODS48h brains but no obvious  
19 difference of myelin staining was observed between NN, HN and ODS12h thalami (Figure 3  
20 A-C). The ventral posterolateral (VPL) and ventral posteromedial (VPM) nuclei examined  
21 with other immunomarkers for myelin (i.e. myelin basic protein or MBP) confirmed myelin  
22 loss in the same areas and quantitative changes of this immunolabelling showed a clear  
23 myelin loss at ODS 48h and at later time points [72-73]. There, an exhaustive list of  
24 demyelinated brain regions, such as thalamic nuclei, parietal associative cortex, secondary  
25 visual cortex, primary motor and somatosensory cortex were the most damaged and again  
26 data were comforted by combined imaging and energetic data by Hochstrasser and  
27 collaborators [113]. Demyelination was never detected in highly myelinated tracts (i.e. the  
28 corpus callosum or the anterior commissure).  
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## 44 **2. ODS and NeuN labelling:**

45 Subtle differences in the immunolabel density can be noted amongst treatment groups  
46 but, taking account that each microscopic preparation was batch-processed similarly, these  
47 differences could likely relate with the dynamic variations of the changed nerve cell functions  
48 associated with the expression of nuclear and cytoplasmic transcript proteome. NeuN  
49 immunolabeling have been discussed by several authors and it has been verified to  
50 specifically and exclusively mark the mature neuron nucleus [124-127] and in its altered states,  
51 including neuro-oncology [128-130]. The same studies never found NeuN labels in immature  
52 neural progenitor cells nor macroglial cells. Some authors have also noted a decreased  
53 immunostaining could be elicited by a temporary suspended synthesis of some neuron  
54 proteins due to damage while viability was preserved, e.g. histone proline component  
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3 (Williamson, 1994). When using a moderate ischemia model (30 min ischemia), it was found  
4 that neurons lose NeuN immunoreactivity 6 h after exposure, while retaining the integrity of  
5 the NeuN protein. This product of the Fox-3 gene (Fox abbreviated for 'Feminizing locus on  
6 X' with 3 types of genes 1, 2 and 3) belongs to the Fox-1 gene family of splicing factors,  
7 including synapsin I [131-133]. Fox-3 was essentially located in the nuclear matrix and, thus,  
8 marked only mature neurons for heterogeneous ribonucleoproteins or hnRNPs [134-135]  
9 also located in the nucleoplasm and detected through Western blots that disappeared with  
10 RNase A treatment; a constant SRm160 and constant translocation shuttling between  
11 neuroplasm and perikaryon transcripts toward perikaryons as a follow up from Fox-3 activities  
12 [127,136-138].

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14 Thus, in NN, HN and ODS48h **experiment** groups, alternative splicing likely regulated and  
15 modulated many of the **thalamic** neuron proteins through spliceosome's processing and  
16 affected transcriptional RNAs along the fine fibrillar center inner edges of the nucleoli [139-  
17 150]. This label pattern would agree with studies where NeuN label cross-reacted with the  
18 production and turnover of synapsin I, traced in the cytoplasm (e.g. [131,151]). One could  
19 assume that, in Figure 3 ODS12h, the cell bodies featured a poor labelled NeuN nucleoplasm  
20 also reflected a stoppage or depleted transcriptional activities while some labelled products  
21 were already in the neuroplasm, i.e. this staining pattern may locate NeuN isoforms preserved  
22 by fixation process as shuttling components or factors exchanged between nucleus and  
23 neuroplasm. Therefore, the sorting of the adequate synthetic macromolecular proteome  
24 maintained in NN neuron's functions, e.g. receptors, ion channels, including aquaporins, tau  
25 proteins, aspects of neural plasticity dealing with presynaptic components [127, 131, 137-  
26 138,152-154] has been reactivated as NeuN indicated from weak nucleoplasm ODS12h  
27 contrasted pattern toward a stronger nucleoplasm label in the nerve cell bodies of the ODS48h  
28 treatment.

### 3. ODS LM semi-thin sections as morphologic clues:

29  
30 LM views of  $\mu\text{m}$  thick epoxy sections of all the treatments showed morphology changes of the  
31 nuclei, from oblong to round and indented with large contrasted nucleoli in a sort of sequence:  
32 NN = ODS48h > ODS12h > HN, where HN cell bodies and nuclei displayed shrivelled aspects.  
33 LM features did not reveal changes in the neuroplasm but, between treatments, the  
34 surrounding neuropil displayed interstitial gaps more abundant in ODS48h than in ODS12h  
35 samples as many large voids probably resulted from the demyelinating damages, likely  
36 comforting the microgliaocytes activity, removing corpses as debris of some oligodendrocytes,  
37 astrocytes and parts of demyelinated axons throughout the affected zones [72-73]. The epoxy  
38 semi-thin sections can again comfort the histology detection of thalamus damages observed  
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3 in LM paraffin views as in Figure 2 and other brain sections viewed of the same experimental  
4 experiment [73].  
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#### 8 **4. ODS TEM morphologic features:**

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10 In this murine ODS model, content and topologic changes of neurons, macroglia (astrocytes  
11 and oligodendrocytes) and microgliaocytes have been verified, including those of cytoskeletal  
12 expression disturbances, with immunolabels. There, some of the fine structure investigations  
13 of macroglia, microglia and of the neuron cell bodies of the same murine thalamus regions  
14 that underwent the same ODS conditions have been swiftly perused [72-73] and have been  
15 further supplemented in this fine structure analyses by focusing on the nucleus content and  
16 some perikaryon contents of the nerve cell bodies. The cell bodies of the ODS48h group most  
17 resembled the NN or Sham group, and thus, encouraged this further fine structure scrutiny,  
18 as reported, after comparisons made with the HN and ODS12h cohorts, in continuation with  
19 these previous studies on the ODS murine thalamus.  
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#### 27 **4.a. The neuron nucleus morphology**

28 The typical functional morphology of the thalamus region studied contained NN or Sham nuclei  
29 revealed by their invaginated envelopes where many notches depths observed depended on  
30 the random plane of sectioning whose shapes are probably influenced by the  
31 cytoplasm/neuroplasm matrix modifications that accompanied changes in translational  
32 activities and of the extracellular environment changes, as verified in vitro and in vivo by others  
33 both in relationship with interphasic activities [155-168]. The changes associated with  
34 hyponatremia displaying cell and nucleus outline's perimeter wrinkled and content revealed  
35 the combination of osmotic shock and changes the supportive cytoskeleton ensued with  
36 processing of the tissues [158-159, 170-173]. The same changes went along with the  
37 detection of small, round mitochondria profiles with loss of cristae and only discrete swelling  
38 changes in the ER that also lost most attached ribosomes and polysomes, contrarily to the  
39 more evident observations made with the macroglia - astrocytes and oligodendrocytes- in  
40 hyponatremia where mitochondria revealed evident alterations, such as swelling and  
41 hypertrophy [72-73; 111-112]. The lowest magnification of the electron microscope made us  
42 to compare at least 20 cell bodies from each treatment group; this qualitative survey indicated  
43 the nucleus shapes varies from round to oblong or oval with notches and with large,  
44 compacted nucleolus in the following sequence: NN = ODS48h > ODS12h > HN. Noting the  
45 similar finding as with the LM views of 1- $\mu$ m thick epoxy sections.  
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56 There, the cell's nucleus and, especially, the nucleolus components, demonstrated changes  
57 in component's assembly revealed active (NN cells) to inactive (HN cells and ODS12h) and  
58 back to operating activities (ODS48h) i.e. where the accumulated mass of GC or  
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3 ribonucleoproteins are not delivered in the perikaryon, i.e. they formed a huge transcript mass  
4 blocking further new transcripts, similarly to other models of post-injury of neural plasticity  
5 [139-150, 174]. Bearing in mind that the nucleolus, now known as a contrasted body  
6 'inclusion' of the 'organelle' nucleus of the cell was discovered more than 180 years ago [175-  
7 177] is significant that at LM level, tissue degradations were detected in regards with those  
8 of macroglial components of the CNS, but ultrastructure verified that, 48h after rebalancing  
9 osmolarity, suggestive aspects demonstrated the restoration of neuron nucleus and nucleolus  
10 functions have already happened.  
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#### 17 **4.b. The neuron cell body and nucleolus fine structure changes**

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19 ODS12h neurons compared with the HN neurons had an oblong to oval-like nucleus and the  
20 nucleus not only became rounder than the HN one but also small indents managed to  
21 appear, reacquiring a sort of functional morphology of neurons with a still somewhat  
22 compacted nucleolus and heterochromatin packs layered along the inner envelope. These  
23 chromatin modifications have been already described as 'clumping' in the rat ODS [111-  
24 112].  
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28 In the myelinolytic areas, where the neuron cell bodies remained with a Wallerian-  
29 degeneration type, changes not detected with LM in both the nucleus and perikaryon can be  
30 discriminated by ultrastructure where most interesting changes occurred in the nucleolus.  
31 The nucleolus components in ODS12h neurons closely surrounding of the worst myelinolysis  
32 showed segregation but to a lesser extent than the central, core damaged zone, dismantled  
33 and the accumulated granular components transcripts separated away from the core  
34 nucleolus, losing NORs, a pattern signified either a poor to obliteration or transient latency  
35 in making transcripts of the treated cells. This nucleolus changes had received a large body  
36 of evidences either in cell and molecular experiments, documented by numerous authors  
37 dealing with normal or treated cancer cells, revealing ultrastructure that complemented those  
38 of the earliest morphologists that identified and investigated several specific ultrastructural  
39 immuno-molecular markers [139-150, 178-208] and in monographs and books on the topic  
40 [i.e. 142, 158, 164, 183, 207-209]. During these injurious-like and peculiar self-salvaged  
41 conditions (ODS12h to ODS48h), the energetically-demanding transcriptional and  
42 translational activities needed to be largely forfeited for some minimal glycolytic maintenance  
43 [204, 206-215] in order to preserve the nucleus and genome makeup during this period  
44 hyponatremia and immediately post hyponatremia, i.e. ODS while enduring a recuperation of  
45 osmolality. This type of safeguard has been noted in the thalamus ultrastructure has been  
46 also supported in another study [216]. Although, astrocytes usually maintained most  
47 energetic demands of neurons, as noted by persisted beta glycogen particles in ODS [217-  
48 220]. In ODS like other cytotoxic cell conditions of the normal or stressed tumor cells,  
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3 neurons could adapt or upheld a minimal functioning for their sake and assumed for a time,  
4 glycolysis [221-222] within the same time-frame (i.e. ODS12h period), clasmatodendrosis  
5 has been found. This astrogliosis encompassed self-excisions of cell pieces and  
6 oligodendrocytes lost maintenance of myelin [73-74]. One may assume also that some  
7 uptake of intercellular, diffused metabolites (i.e. amino-acids) could be done [222] and that  
8 some typical routes, via remained adjacent oligodendrocytes and astrocytes, left unaffected  
9 by ODS in the same murine model, reached the resilient neuron cell bodies [72-74] because,  
10 the dependence of traumatized neurons on glycolysis and oxidative phosphorylation  
11 remained unclear [222].

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17 At ODS 48h, the chosen time lapse after osmolarity was rebalanced was marked by a  
18 return of apparent functions for the thalamus region investigated. All ODS 48h neuron cell  
19 bodies (as shown in Figures 11 D, 12 A-B and 13 A-C), the nuclear envelope indents equipped  
20 the euchromatic cells with increased surfaces of delivery between nucleus products and the  
21 neuroplasm, perikaryon, adjacent and likely repair transcripts to get into translational activity.  
22 The processed transcripts emanating out of the nucleolus reached the neurolemma surfaces  
23 enlarged, perikaryon gorges to disperse in the perikaryon and away using some sorts  
24 unmarked alleyways or tracks within the nucleoplasm. A general morphology comforted the  
25 nuclei that have restored functions similar to those of the Sham control or NN cell bodies of  
26 the same CNS region because even if the nucleus does not change volume from round to  
27 elongated ovoid, they revealed homeomorph topologies by increased notches or indentations  
28 of their envelope section's profiles. In addition, the reappearance of the nucleolus NORs,  
29 where heterochromatin associated with the nucleolus developed dense fibrillar component,  
30 and out of it, fine fibrillar regions (chromatin unpacked from histones where transcripts are  
31 formed in the small, circular greyish areas) where alternative splicing occurred and still not  
32 clearly understood for its roles in neuronal biology. There spliceosomes must assemble onto  
33 each intron to catalyse its excision, and this assembly is controlled by a large number of pre-  
34 mRNA-binding proteins. These coincidental aspects of active restoration of the central  
35 machinery provided in normal and alternative splicing transcripts along with translational  
36 capabilities abundantly verified by ribosome, polyribosomes, processing ones [223] and the  
37 organelles found in the ODS48h [224, 139-150, 224]. The outer nuclear leaflet being an  
38 extension of the RER [171, 225-233]. The processed ribonucleoprotein precursors,  
39 accumulated in the nucleoplasm then translational macromolecules reached the perikaryon,  
40 through the nucleus envelope increased surface and allowed for more nucleoplasm-  
41 neuroplasm exchanges in providing more nuclear pore passageways for transcripts at sites  
42 for homeostatic maintenance and functional cell's activities verified by some reestablishment  
43 of typical neuroplasm structure notably, the polysomes, rough ER and Golgi apparatus  
44 appearances. The ODS 48h narrow, immediate concentric perinuclear neuroplasm with  
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3 essential cell structures maintained then seemed to refurbish by restitution of the perikaryon  
4 organelles. Thus, the nucleolus of the nucleus of the neuron cell bodies revealed NORs, large  
5 amounts of perikaryal polyribosomes revealed the re-established nuclear transcription  
6 activities have a pathway to translational ones because of the complete reorganization and  
7 rehabilitation of perikaryal organelles, such as RER, Golgi apparatus saccules, even though  
8 the distal extensions and interconnected neuropil components were still with defective  
9 structures. In some areas, peculiar 'nail-cut shaped teared areas of the neuropilasm were  
10 found, either indicating some cytoskeletal disturbances or fragile neo-formed phospholipid  
11 structures.

#### 12 13 14 15 16 17 18 19 **4.c. The neuron cell body and the organelles**

20 Two days after osmolarity was rebalanced, the Wallerian, pruning demyelination zone [234.  
21 [234-237] that can take a few days (e.g. 2-3 days) in rats [238] had finally provoked -at this  
22 ODS 48h time lapse - frothy aspects of many places of the neuropil as seen again in [72-73].  
23 where accretion of intercellular or neuropil remnants of injuries were found throughout the  
24 ODS regions, with variable degree of vacuolated-like aspects, resolved as small voids or  
25 spaces located in the interstitial neuropil myelinolysis around the withstanding cell bodies;  
26 there were no inflammatory response (as seen in Fig. 4 ODS48h). There have been removal  
27 of debris or corpses that succeeded (after clasmatodendrosis [72-74]) because **microglial cells**  
28 changed morphology without other course than containing phagosomes [72-73] while neuron  
29 cell bodies were still preserved in the same demyelinated areas, contrarily to that reported in  
30 [239]. Some salvage strategies, avoiding cell trauma towards neuron cell death seemed  
31 similar to [240]. The definition of ODS remained [72-73] because the main degradations  
32 occurred, caused by a disrupted osmotic gradient initiated in the vascular supply, transmitted  
33 injurious change signals to astrocytes that expanded into submitting oligodendrocytes into  
34 inadequate maintenance of the myelin [74, 89] allowing some prompt but short-timed  
35 implication of the microgliocytes, properly 'trained' to then remove defective parts without  
36 creation of any other immunoreactive nerve tissue defects like in multiple sclerosis [113, 241]  
37 as defined by the ODS condition [64-66, 72-74, 235] but where clarifications are still needed  
38 [242]. At ODS 48h, myelin sheets have not all recovered and those repaired still contained  
39 disordered concentric layers due to intermembranous gaps and delicate smudge-like aspects.  
40 In the core of degradative zones, intercellular spaces created by removal of axonal debris or  
41 corpses created free spaces within the surroundings of the neuron cell bodies, corresponding  
42 at fine structure level of what is called in classic histopathology terminology the spaces that  
43 resulted of necrotic CNS tissue as 'liquefaction necrosis' [243-245].

#### 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 **4.d. The perikaryon and peculiar fibro-granular bodies:**

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3 Concurrently or associated with the tissue restorations that have been able to be shown  
4 with the astrocytes [72-73] one can verify that, the neurons of the thalamus, altered from  
5 myelinolysis as a result of ODS, after fixation and processing, some re-establishment and  
6 dispersion of transcripts toward a huge output in the neuroplasm of the thalamic cell body  
7 regions examined, revealed rare but peculiar accumulated structures in the form of fibro-  
8 granular aggregates or bodies, somewhat noted in some astrocytes at the same ODS 48h  
9 time-point [73-74]. In these regions of the thalamus, neuronal inclusions have been found  
10 [246-248]. However, they are not made with membranes, thus cannot be considered as  
11 bunina bodies as shown in reconstructed neurons [249] and they were not degenerating or  
12 associated with endosome or lysosomes [250]. These structures, made of entwined and  
13 coiled fine filaments, are mixed with adherent granules smaller than ribosome granules but  
14 measured up their subunit size [252-258]. The filamentous network that appeared outwardly  
15 of these structures were very thin macromolecules (less than 5 nm in diam.) and could be of  
16 cytoskeletal actin and/or of associated depolymerized proteinaceous structure(s) linked with  
17 the ongoing dispatching or trafficking of ribonucleoprotein transcripts [ 257-259] as they  
18 associated with the nuclear creases accumulated while some proteome repression occurred  
19 [259] as in the case of the S100 protein in PNS? [260]. Alternatively, if one considers that a  
20 functional nucleus undergoes oscillating waves, huge amounts of transcripts disseminated in  
21 the surrounded restoration neuroplasm to be proteome/metabolome translations and,  
22 associated with transport cytoskeleton 'sudden' loads of ribonucleoproteins[ 260-265] with  
23 the nucleus topology changed (indents as spheroid), immersed in a viscous liquid flow,  
24 could act as sort of swinging watermill surrounded by those cytoskeletal macromolecules,  
25 mainly actin [172, 173, 260]. This oscillating, turbulent flow in the neuroplasm could induce  
26 one eddy at the opposite side of the axon hillock along with the less mobile, concentric  
27 organelles [266-267]. These mechanic stagnation points in the perikaryon layer would then  
28 provoke a deposition or pile up of collected translational materials for proteomes alongside  
29 cytoskeletal and/or supportive macromolecules [257, 268-271]. Post ODS, oligodendrocytes  
30 seemed to recover much later than the period studied here because the typical markers  
31 used for myelin expression showed with LM 'demyelinated' zone in Figure 2 ODS48h and  
32 [72-73] while electron microscopy data reviewed here suggested that healing processes  
33 encompassed the same thalamus nuclei, where intracellular phase separation dynamics  
34 would reorganize the perikaryon components [272-273] and new data revealed axon hillock  
35 and myelination recovery through reconstructed microtubule markers (not shown here and to  
36 be submitted), probably alike most favorable human neurologic healing post-ODS..

## Conclusion

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3 Delay in Wallerian degeneration in CNS in comparison to PNS and, probably in regeneration  
4 as well, is not due to a delay in axonal degeneration, but rather is due to the difference in  
5 clearance rates of myelin between CNS and PNS [234, 238]. In this report, the murine  
6 thalamus nuclei fine structure aspects can bring some new, interesting aspects relevant to  
7 other future murine neuropathology studies, especially those that would later involve knock  
8 out models and relate to ODS human situations where demyelinating defects encompass  
9 traumatic origin that associated with metabolic depletion of [Na<sup>+</sup>] (and other osmolytes) whose  
10 homeostatic restoration induced repairs [274]. This model can indicate that only ultrastructure  
11 would verify the changes endured by resilient neuron cell body nucleus and perikaryon out of  
12 a short-term Wallerian defect through some adaptative cell metabolic strategies. One could  
13 also speculate that adjacent external zones of the damaged deteriorating regions with a blood-  
14 brain barrier remaining intact would assist with the less damaged and maintained astrocytes  
15 intercellular contacts with neurons and would facilitate in the structural and some functional  
16 resistance and reconstruction [64, 71-74, 101-103, 111-112]. In ODS, no blood born cells or  
17 proteins **have** been spilled out like in **other neurodegenerative defects** (i.e. multiple sclerosis  
18 or other CNS vascular trauma associated **pathologies**) making the injurious region damaged  
19 free from **other** immune reactivity [114, 115, 135, 275] **and other** eventual potent follow-up  
20 necrotic neural **sequels** [276, 277]. In ODS, clinical controlled rebalancing sodic osmolality  
21 allowed rapid neuron reactivation of their functions that involved, among others, aquaporins  
22 [109, 278-280].

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24 Experiments that included molecular markers and ultrastructural verifications obviously can  
25 further verify and achieve clarifications of the cellular components involved in the regenerative  
26 plasticity of this type of mammal and human CNS damage where some data have only been  
27 scarce before the advent of recent molecular tools [103, 110]. Here, the report demonstrates  
28 that the fine structure morphology of the nucleus alone and nucleolus content, as referred  
29 abundantly above, as in [281], can assist to diagnose and understand **whether neuron repairs**  
30 **occur** in the animal models of neuropathology **tested** to eventually be translated into potential  
31 clinical outcome for some patients who developed defects post ODS [27, 282-283].

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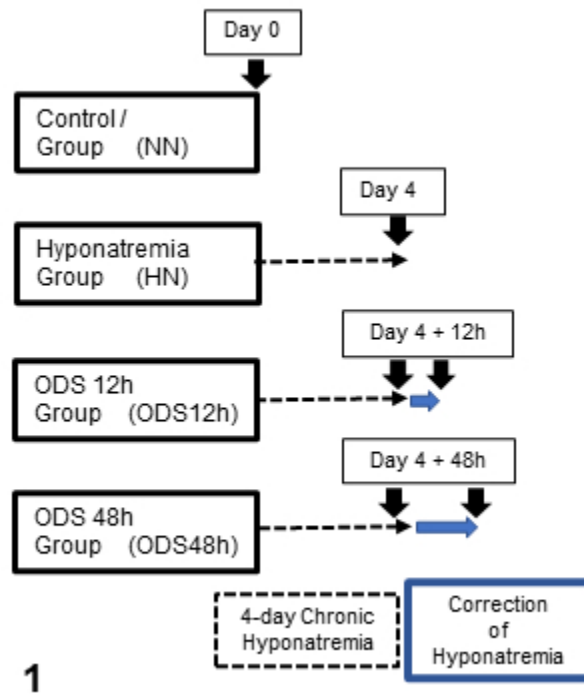


Figure 1: Experiments performed on 4 groups of 2 mice excepted for ODS 48 h which included 3 mice. Normonatremic mice (NN) from group 1 were sacrificed at day 0 (arrow) while uncorrected hyponatremic mice (HN) were sacrificed 4 days after the induction of hyponatremia (arrow). ODS mice were sacrificed as groups 3 and 4, at respectively 12 and 48 h post correction (arrows).

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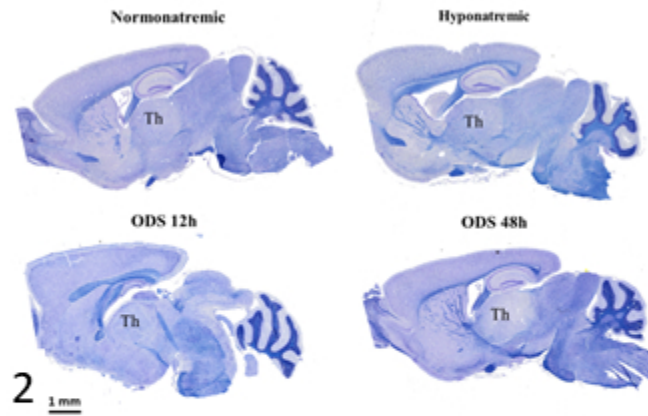
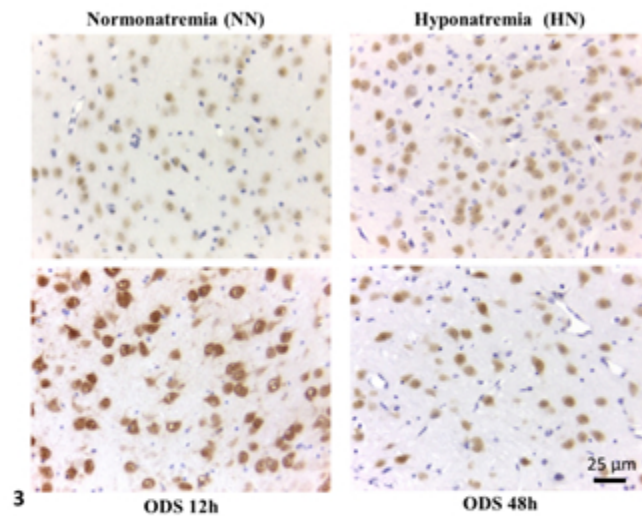


Figure 2. Pane from sagittal sections of normatremia (NN) or Sham, hyponatremia (HN), 12h after correction of hyponatremia (ODS12h) and 48h after correction of hyponatremia (ODS48h) mice brains. All stained with hemalum and eriochrome cyanine and ODS 48h best revealed thalamus (th) as demyelination zone.

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31 Figure 3: NeuN immunolabeled paraffin sections of NN-, HN-, ODS12h- and ODS48h-treated thalamic  
32 ventral posterior nucleus. Scales in ODS48h main micrograph is for all micrographs.

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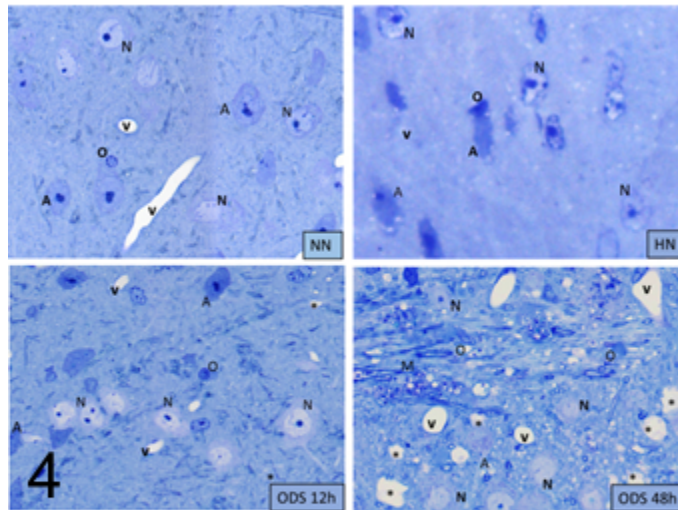


Figure 4: Pane illustrating 1 $\mu$ m-thick epoxy thick sections of NN, HN, ODS12h and ODS48h from the ventral posterior nucleus thalamic region. Examples of some neuron cell bodies (N), astrocytes (A), oligodendrocytes (O), and myelinated tracts (M) are indicated throughout; in ODS12h and 48h sections, myelinolysis neuropil cavities are marked (\*) while other clear spaces, lined by endothelial cells are small blood vessels. Scales equal 10  $\mu$ m.

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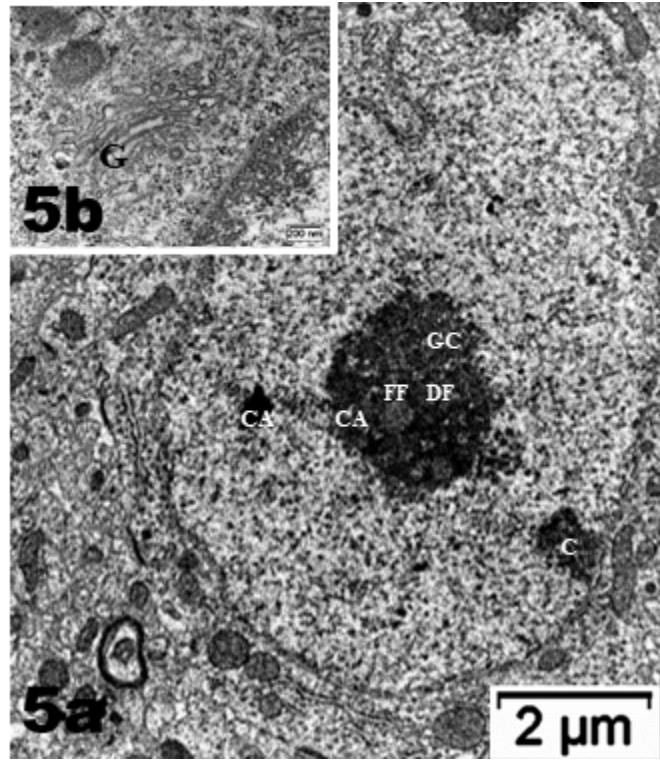
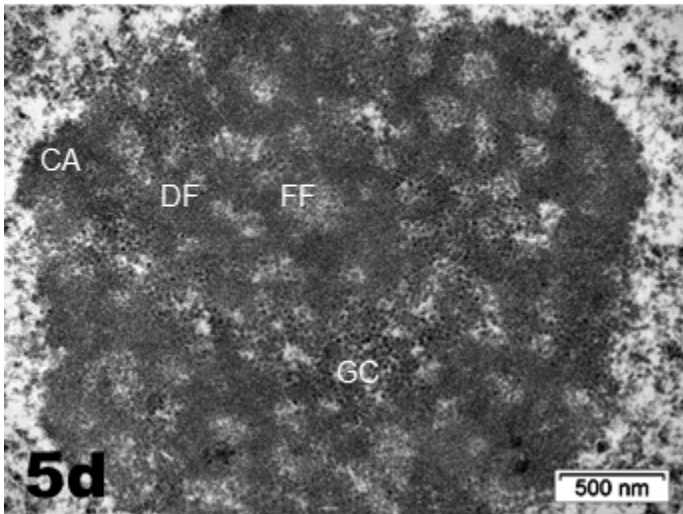
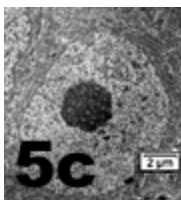


Figure 5 A-D: Selected views of NN murine neuron cell bodies of the latero-ventral thalamic nuclei and enlarged aspects of nucleoli. A, C and D: Euchromatic nuclei with slightly indented envelopes with quasi centrally-located nucleoli with their 3 main highly active transcriptional featured components: CA: chromatin associated, part of C: chromatin, as associated with the inner nuclear envelope; DF: dense fibrillar, FF: fine fibrillar region accompanied by its cloud of ribonucleoprotein transcript products as granules i.e. small and large ribosomal and other RNAs (Granular Component as GC). B: enlarged Golgi zone of A.

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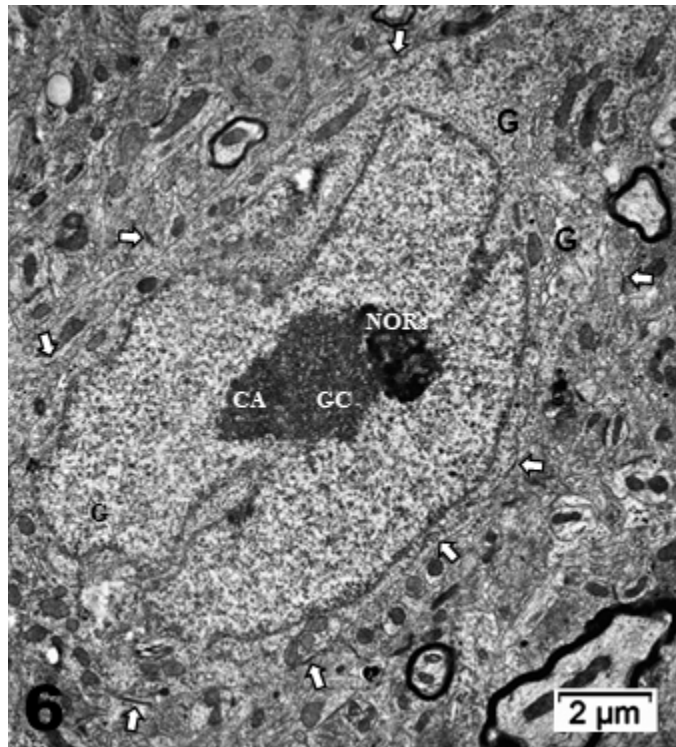


Figure 6: Neuron cell body of NN murine latero-ventral thalamic region. A: Euchromatic nucleus with deeply indented envelope reaching, in its central zone, the large nucleolus and its 3 main aligned components indicating high transcription activities: CA: chromatin associated, GC: granular center (ribonucleoprotein components); CA+GC both forming nucleolar organizer centers or NORs; DF: dense fibrillar and FF: fine fibrillar region. G: Golgi apparatus; axo-somatic synapses are marked by small white arrows. Compare this micrograph with that of Figure 11 A.

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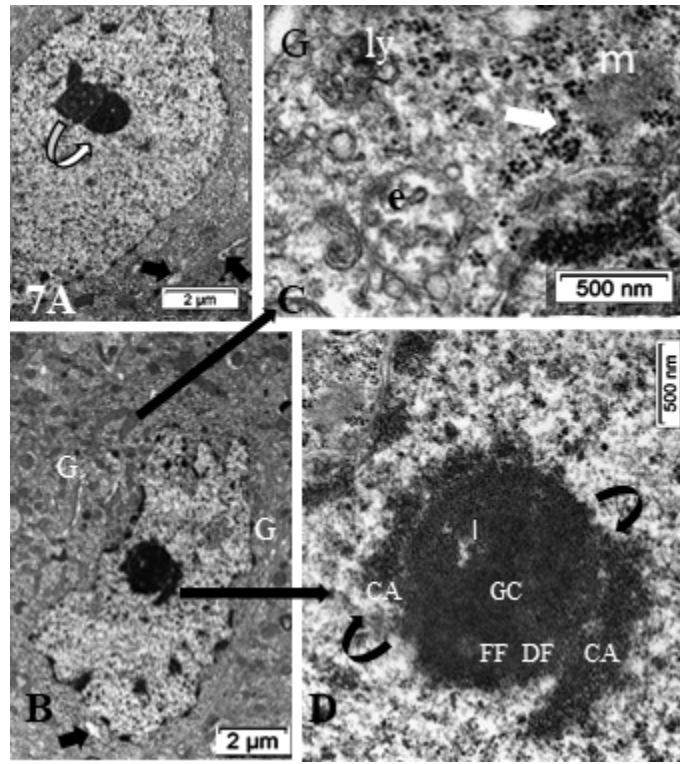


Figure 7 A-D: HN neuron cell bodies of the parenchyma of the latero-ventral thalamic parenchyma showing the nucleus topology change (A-B) as well as the nucleolus. A and B segregation of the nucleolus CA/DF regions from GC component (curved arrows in A and D) suggestive of a reduced or stoppage in transcriptional activities because accumulated ribonucleoproteins (GC) amassed separated from the chromatin (CA) becoming concentric of GC, and its extension as dense fibrillar (DF). The fine fibrillar region (pale circles in nucleolus depicting transcription (FF) is absent. In the GC mass, interstices are formed (I) as CA leaves the nucleolus. Example of perikaryon of B in C revealed scattered free polysomes but none attached to adjacent endoplasmic reticulum (white arrow), part of Golgi zone, an endosome (e) and many coated vesicles, maybe forming autophagosomes (ly); a peculiar fuzzy osmiophilic mass (m) deposits among the cytosol. Note discrete intercellular spaces formed by [Na<sup>+</sup>] depletion.

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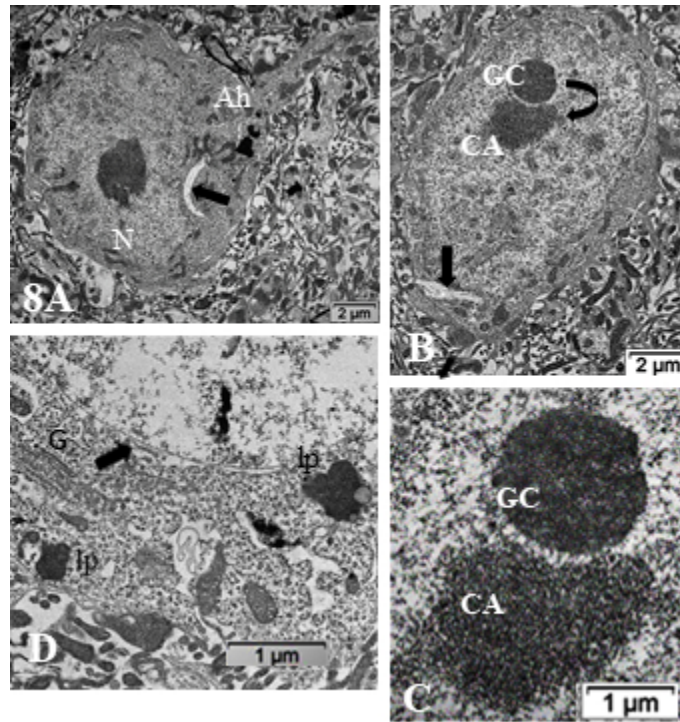


Figure 8 A-D: ODS12h nerve cell bodies in the demyelinated region, ventrolateral nuclei of the mouse thalamus. Nucleus shows a prominent nucleolus where both chromatin-associated (CA) and granular center (GC) are recognized and completely separated from one another (curved arrow) along with other perikaryal damages (arrows in A-C); Ah: axon hillock. In D: damages consist in ER membrane's degradations, including those of the nucleus envelope (arrowed), the endoplasm and Golgi apparatus (G); lipofuscin bodies (lp). CNS parenchyma is the degraded neuropil in A-B and D.

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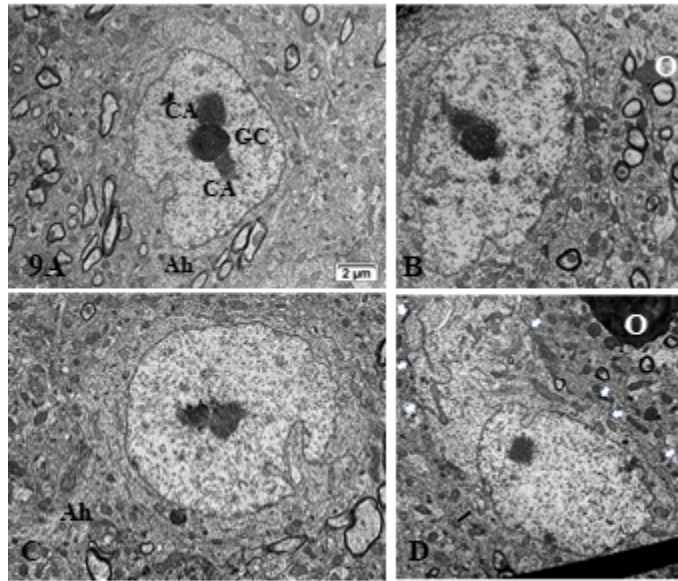


Figure 9 A-D: Pane with ODS12h nerve cell bodies preserved, adjacent to the demyelinated zone of the ventrolateral thalamus showing typical euchromatic nuclei with prominent nucleoli where components, although evident in all the featured micrographs, do not form NORs and are centrally placed and somewhat segregated into CA and GC regions. In B and D, highly contrasted oligodendrocyte section parts in the surrounded neuropil (O). In D, small white arrows display examples of axo-somatic synaptic sectors. Ah: axon hillock; G: Golgi zone; arrow shows autophagosome. Scale in A is the same for B-D.

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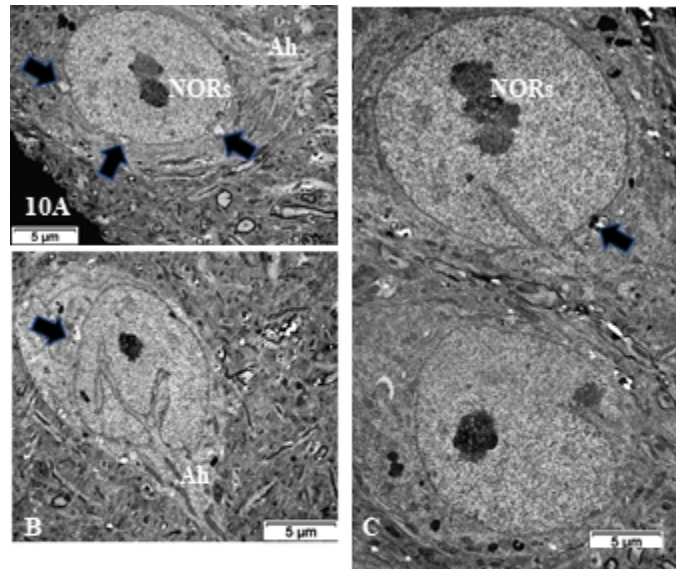


Figure 10 A-C: TEM pane with ODS 48h thalamus euchromatic nerve cell body aspects among the neuropil where damages can still be viewed as myelin damages remained throughout. Prominent nerve cell bodies with nucleolus have regained round with indentations and highly contrasted but active nucleolus organization (NORs) have reorganized into all active parts as those described in NN cells. Arrows indicate nucleus envelope damages. Ah: axon hillock.

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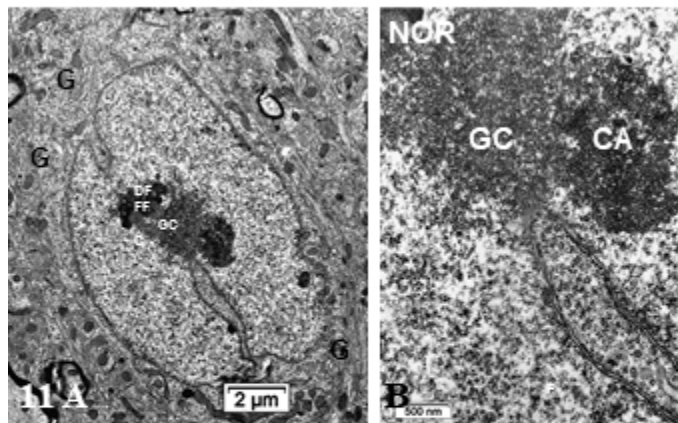


Figure 11 A-B: Pane of one ODS 48h nerve cell body of murine thalamus showing similar aspect nucleus as found in some NN cells (see Fig 6), including a similar display of its envelope indent. The prominent nucleolus is revealed with NORs and components with a huge cloud of ribonucleoproteins (GC) and the chromatin associated (CA). Golgi apparatus encircles the nucleus in the reactivated perikaryon. Neuropil surroundings still reveal discrete to evident demyelinated axon damages as remnant whorls or evident interfascicular cavities or voids. B: Enlarged aspect of the A nucleus depicting nucleolus where ribonucleoprotein reach the adjacent, envelope indent whose neuroplasm content is loaded by numerous polysomes, aimed at translational activities.

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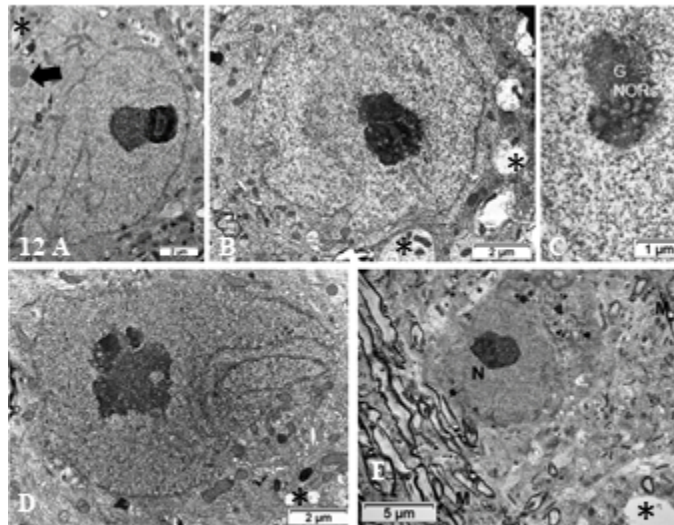


Figure 12 A-E: Pane of ODS 48h nerve cell bodies of murine thalamus containing several examples of nucleus profiles (A-D), associated prominent activated nucleoli revealing many NORs, and adjacent neuropil with damaged axons whose removal of myelin have left intercellular spaces or voids (stars in B, D and E). A peculiar neuroplasm deposit is arrowed in A (see Figures 14-15). C: enlarged nucleolus with NORs: G: granular component; CA: chromatin associated chromatin. E: Neuron adjacent to a myelinated nerve bundle; star: intercellular cavity left from myelinolysis.

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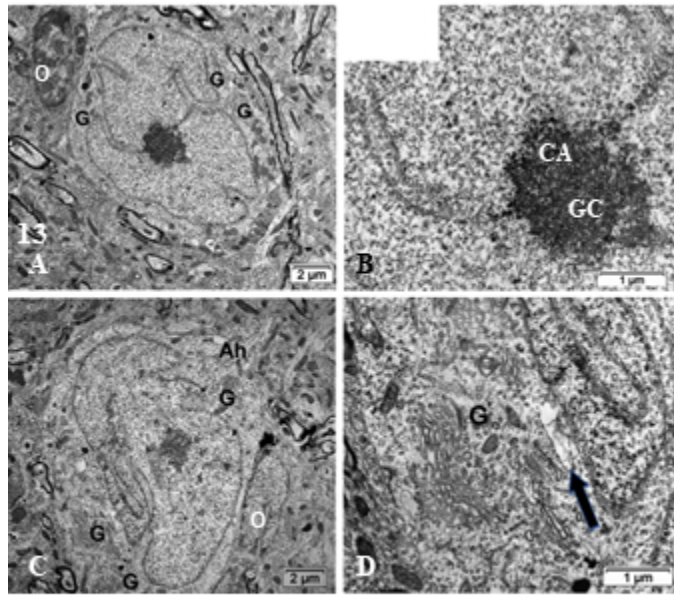


Figure 13 A-D: TEM of ODS48h ventro-lateral thalamus neuron cell bodies with the enlarged perikaryon. Both depict long deep, twisted indents of the nucleus envelope as if reaching the active nucleolus, as in Figure 11A viewing many organelles i.e. G: Golgi, ly: lysosomes, ER and mitochondria. Ah: Axon hillock region; CA: chromatin associated to nucleolus, GC: granular center; O; oligodendrocyte; Arrow in D indicates fragile nucleus envelope endoplasm defects.

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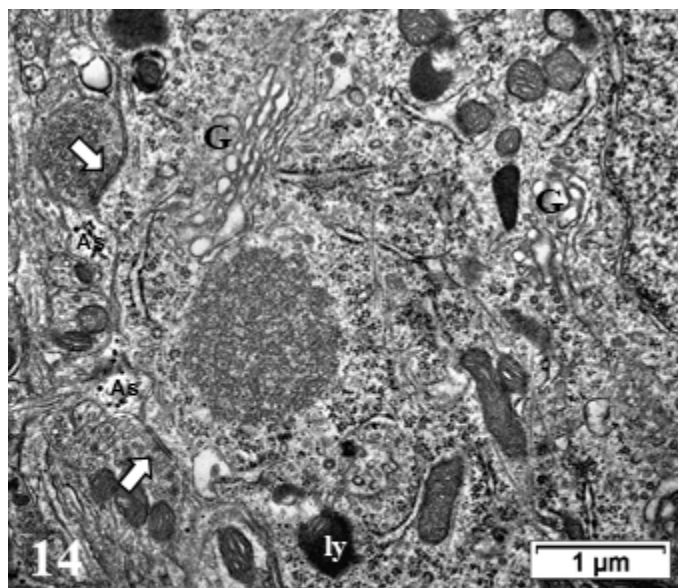


Figure 14: TEM aspect of the enlarged neuron perikaryon of Figure 11A with many organelles i.e. G: Golgi, ly: lysosomes, ER and mitochondria along with a peculiar round fibro-particulate aggregate. N; nucleus. Some of the axo-somatic synapses are indicated by open arrows; G: Golgi, ly: lysosomes, ER and mitochondria along with a peculiar round fibro-particulate aggregate. N; nucleus; axo-somatic synapse (arrowed). As: Astrocyte parts with beta-glycogen granules.

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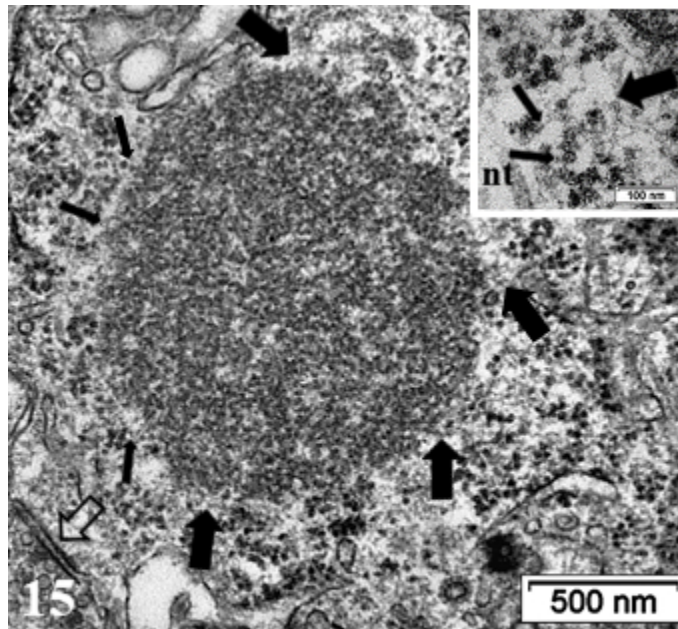


Figure 15: Detailed view of the fibro-particulate aggregate where sticking out filamentous extensions are marked by thick arrows and thin arrows indicate particulate parts. Axo-somatic synapse (open arrow).  
Insert: Exhibit of the edge of the aggregate somewhat concealed components indicating that threads emerging out of it are from 4-5 nm in thickness (wide arrows) with mRNA – polysome structures (thin arrows); nt: neurotubule.

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