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## Article

# Anti-Inflammatory and Antioxidant Properties of the Ethanol Extract of *Clerodendrum Cyrtophyllum* Turcz in Copper Sulfate-Induced Inflammation in Zebrafish

Thu Hang Nguyen <sup>1,2</sup>, Hong Diep Le <sup>3</sup>, Thanh Nguyen Thi Kim <sup>3</sup>, Hai Pham The <sup>3</sup>,  
Thi Mai Nguyen <sup>1,4</sup>, Valérie Cornet <sup>1</sup>, Jérôme Lambert <sup>1</sup> and Patrick Kestemont <sup>1,\*</sup>

<sup>1</sup> Research Unit in Environmental and Evolutionary Biology (URBE), Institute of Life, Earth and Environment (ILEE), University of Namur, 5000 Namur, Belgium; nguyenth@student.unamur.be (T.H.N.); ntmai.ntts@vnua.edu.vn (T.M.N.); valerie.cornet@unamur.be (V.C.); jerome.lambert@unamur.be (J.L.)

<sup>2</sup> Pharmacology Department, Hanoi University of Pharmacy, Hanoi 100000, Vietnam

<sup>3</sup> VNU University of Science, Vietnam National University, Hanoi 100000, Vietnam; dieplh@hus.edu.vn (H.D.L.); kimthanh\_bio@vnu.edu.vn (T.N.T.K.); phamthehai@vnu.edu.vn (H.P.T.)

<sup>4</sup> Faculty of Fisheries, Vietnam National University of Agriculture, Hanoi 100000, Vietnam

\* Correspondence: Patrick.kestemont@unamur.be; Tel.: +32-491-086-939

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**Abstract:** Oxidative stress and inflammation are commonly present in many chronic diseases. These responses are closely related to pathophysiological processes. The inflammatory process can induce oxidative stress and vice versa through the activation of multiple pathways. Therefore, agents with antioxidant and/or anti-inflammatory activities are very useful in the treatment of many pathologies. *Clerodendrum cyrtophyllum* Turcz, a plant belonging to the Verbenaceae family, is used in Vietnamese traditional medicine for treating migraine, hypertension, inflammation of the throat, and rheumatic arthritis. Despite its usefulness, studies on its biological properties are still scarce. In this study, ethanol extract (EE) of leaves of *C. cyrtophyllum* showed protective activity against CuSO<sub>4</sub> toxicity. The protective activity was proven to relate to antioxidant and anti-inflammatory properties. EE exhibited relatively high antioxidant activity (IC<sub>50</sub> of 16.45 µg/mL) as measured by DPPH assay. In an in vivo anti-antioxidant test, three days post fertilization (dpf) zebrafish larvae were treated with different concentrations of EE for 1 h and then exposed to 10 µM CuSO<sub>4</sub> for 20 min to induce oxidative stress. Fluorescent probes were used to detect and quantify oxidative stress by measuring the fluorescent intensity (FI) in larvae. FI significantly decreased in the presence of EE at 5 and 20 µg/mL, demonstrating EE's profound antioxidant effects, reducing or preventing oxidative stress from CuSO<sub>4</sub>. Moreover, the co-administration of EE also protected zebrafish larvae against oxidative damage from CuSO<sub>4</sub> through down-regulation of *hsp70* and *gadd45bb* expression and upregulation of *sod*. Due to copper accumulation in zebrafish tissues, the damage and oxidative stress were exacerbated overtime, resulting in the upregulation of genes related to inflammatory processes such as *cox-2*, *pla2*, *c3a*, *mpo*, and pro- and anti-inflammatory cytokines (*il-1β*, *il-8*, *tnf-α*, and *il-10*, respectively). However, the association of CuSO<sub>4</sub> with EE significantly decreased the expression of *cox-2*, *pla2*, *c3a*, *mpo*, *il-8*, and *il-1β*. Taken together, the results suggest that EE has potent antioxidant and anti-inflammatory activities and may be useful in the treatment of various inflammatory diseases.

**Keywords:** Anti-inflammation; oxidative stress; antioxidant; CuSO<sub>4</sub>; zebrafish larvae; *Clerodendrum cyrtophyllum*

## 1. Introduction

Oxidative stress and inflammation contribute to the pathogenesis of many chronic diseases such as diabetes, cardiovascular diseases, neurodegenerative diseases, cancer, and aging [1]. They are tightly linked with one another. If inflammation is the primary event, the activated macrophages and neutrophils liberate large amounts of reactive species at the site of inflammation [2]. Consequently, oxidative stress will develop and further increase inflammation. Conversely, if oxidative stress appears, the overproduced reactive oxygen/nitrogen species can induce inflammation through upregulation of pro-inflammatory gene expression [1,3]. Inflammation will eventually further accentuate oxidative stress. In clinical practice, identification and treatment of the primary abnormality are very important. However, the relationship between inflammation and oxidative stress is interdependent; treating only the primary abnormality may not always be successful [1]. Therefore, finding agents that inhibit both ROS production and inflammatory mediators has been considered a promising strategy for preventing or treating diseases associated with chronic inflammatory conditions.

Zebrafish (*Danio rerio*) have been widely used in developmental biology and drug discovery. Several characteristics make zebrafish a convincing tool in drug discovery, such as low maintenance costs, rapid embryogenesis, transparency, high similarity between the human and zebrafish genomes, etc. [4]. More specifically related to this research, oxidative and inflammatory responses can be robustly and easily induced and visualized in zebrafish, particularly in the early stages [5]. Copper is an essential micronutrient but misregulation of intracellular levels can become toxic to many cell types. Under inflammatory conditions, serum copper levels increase and trigger oxidative stress responses that activate inflammatory responses [5]. The zebrafish copper-induced inflammation model has been used previously and presents several advantages as it is a non-invasive and sterile method, in comparison to methods involving physical damage and the use of infectious agents, besides its gentle manipulation of the larvae [6]. In this study, we used  $\text{CuSO}_4$  as an agent to induce an inflammatory response through the oxidative stress reaction to study the antioxidant and anti-inflammatory effects of ethanol extracts of *Clerodendrum cyrthophyllum* Turcz.

*C. cyrthophyllum*, a plant belonging to the Verbenaceae family, is widely distributed in tropical countries such as Vietnam, China, India, Japan, Korea, and Thailand [7]. In Vietnam, it is used for treating migraine, hypertension, inflammation of the throat, and rheumatic arthritis. In several studies, phenolic acids and flavonoids have been isolated from various plant parts [8]. Total phenols and flavonoids displayed good antioxidant activity and potential anti-inflammatory activity in several experimental models [9]. Investigations on this plant suggest that it has potential as an alternative treatment for inflammatory diseases. However, further investigation is needed to identify the exact mechanism of action and pathways that are modulated by this plant. In this study, we investigated the antioxidant and anti-inflammatory effects of the ethanol extract of *C. cyrthophyllum* using the zebrafish copper-induced inflammation model to elucidate the molecular mechanisms to explain its effects, and provide scientific evidence for using it in traditional medicine.

## 2. Materials and Methods

### 2.1. Chemicals

2,2-Diphenyl-1-picrylhydrazyl (DPPH), quercetin, 2',7'-dichlorodihydrofluorescein diacetate (H2DCFDA), copper sulfate pentahydrate ( $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ ), and pyrocatechol violet (PV) were purchased from Sigma Chemical Co. (St. Louis, MO, USA). All other reagents were of the highest commercially available grade.

## 2.2. Preparation of the Ethanol Extract of *Clerodendrum cyrtophyllum* Turcz (EE)

### 2.2.1. Plant Collection

Leaves of *Clerodendrum cyrtophyllum* Turcz Verbenaceae were collected from northern provinces of Vietnam in June 2018, by Nguyen Kim Thanh from Vietnam National University (VNU-BIOL). A voucher specimen (HNU 024106) was deposited at the Botanical Museum of Hanoi, University of Science. Leaves were cleaned and dried for 72 h to a constant weight using a hot air oven at 40 °C before extraction. Dried leaves were then ground in a blender to fine powder (size smaller than 0.5 mm).

### 2.2.2. Preparation of Total Extract

Given that polar (aqueous) extracts are used in traditional practice, we selected ethanol to extract polar secondary metabolites, minimizing the extraction of mineral salts and polysaccharides. For this, 100 g of dried leaf powder was extracted with 1000 mL 95% ethanol at 60 °C in a water bath with 360 rpm agitation for 4 h. The extract was then filtered and collected. The residue was extracted another two times using the same procedure. The collected ethanol extracts were then combined, concentrated on a rotary evaporator (40 °C) under reduced pressure, and lyophilized to obtain the crude extract. The yield of extract was 11.3% relative to the dried leaf powder. The crude extract was stored at −20 °C until use. After the extraction, the EE was analyzed with various analytical techniques including colorimetric methods, HPTLC (high performance thin layer chromatography), and mass spectrometry analyses. The extract presents a concentration of total phenolic compounds of  $23.3 \pm 1.5$  GAE mg/g and flavonoid of  $2.97 \pm 0.01$  QE mg/g expressed in dry weight of leaves material.

## 2.3. Fish and Experimental Conditions

The adult wild-type AB zebrafish (*Danio rerio*) were maintained in a recirculating ZebTec housing system (Techniplast) at 28 °C with a 12:12 h (light:dark) photoperiod. Conductivity was maintained at approximately 500 µS/cm, pH 7.2. Fish were fed ad libitum three times daily. The day before mating, males and females (2:2) were placed in spawning tanks. Naturally spawned embryos were obtained within 30 min after the lights were switched on in the morning. The embryos were selected visually using a binocular microscope and only fertilized and normally developed eggs were selected. Selected eggs were placed in embryo medium at 28 °C. Embryo medium was renewed every 24 h. Hatched larvae at three days post fertilization (dpf) were used for subsequent experiments. Since zebrafish larvae below 120 h old are not considered animals [10], no animal test authorization is required according to European legislation (EU Directive, 2010/63/EU). All experiments were terminated at 120 h post fertilization (hpf). The term “larvae” refers to hatched embryos up to 120 hpf that are using up the yolk-sac reserves and do not yet feed externally (also called yolk-sac larva, early larva, pre-larva, or eleuthero embryos) [10].

## 2.4. Experimental Design

### 2.4.1. Preparation of Test Samples

The dry ethanol extract of *Clerodendrum cyrtophyllum* Turcz (EE) was dissolved in DMSO (dimethyl sulfoxide) to make a stock solution of 50 mg/mL. The stock solution was diluted to different concentrations using fresh larvae medium (dechlorinated water with conductivity approximately 500 µS/cm, pH 7.2) so that the final concentration in each experimental well was 5, 20, and 40 µg/mL.

### 2.4.2. Protective Effect of EE against CuSO<sub>4</sub> Toxicity in Zebrafish Larvae

Mortality was used as an initial endpoint to characterize and evaluate the protective effect of the EE against CuSO<sub>4</sub> toxicity in zebrafish larvae. Zebrafish larvae 3 dpf at a density of twenty larvae per well were incubated with EE at different doses (5, 20, and 40 µg/mL) for 1 h and then stimulated

with a lethal dose (20  $\mu\text{M}$ ) of  $\text{CuSO}_4$  for 24 h. All treatments were performed in six-well culture plates. The parameter assessed was mortality rate at 24 h.

#### 2.4.3. Anti-Oxidant Effect of EE

##### In Vitro Antioxidant Tests: Measurement of DPPH Radical Scavenging Capacity

The ability of the prepared extract to scavenge DPPH radicals was determined by the method described by Cheng-zhong et al. (2013) [11] with slight modifications. Briefly, a 20  $\mu\text{L}$  solution of EE in different concentrations (5, 10, 25, 50, 100, 250, and 500  $\mu\text{g/mL}$ ) was added to 180  $\mu\text{L}$  methanol solution of DPPH (0.1 mM). Quercetin was used as a positive control and methanol was used as a blank. All reaction mixtures were shaken and incubated in the dark for 30 min at room temperature. The absorbance was then measured at 517 nm using a UV-Vis spectrophotometer. All samples were analyzed in triplicate. The DPPH scavenging ability of the plant extracts was calculated using the following equation:

$$\% \text{Scavenging Activity} = (\text{Abs control} - \text{Abs sample}) \times 100 / (\text{Abs control})$$

where Abs control is the absorbance of the blank and Abs sample is the absorbance of the sample.

The antioxidant activity was reported in terms of  $\text{IC}_{50}$  (concentration of extract necessary to decrease the initial concentration of DPPH by 50%).

##### $\text{Cu}^{2+}$ Chelation Ability

The ability of EE to chelate  $\text{Cu}^{2+}$  was assessed using the method described by Santos et al. (2017) that employs pyrocatechol violet (PV) as the chromogen agent [12]. Briefly, in each well, 30  $\mu\text{L}$  solution of EE in different concentrations (5, 10, 25, 50, 100, 250, and 500  $\mu\text{g/mL}$ ) or water (control) were mixed with 200  $\mu\text{L}$  of sodium acetate buffer (50 mmol/L, pH 6.0). Then, 30  $\mu\text{L}$  of a 100 mg/L  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$  solution were added in each well and let react for 2 min. After 2 min, 8.5  $\mu\text{L}$  of solution pyrocatechol violet 2 mmol/L were added to initiate the reaction. All reaction mixtures were shaken and incubated for 10 min at 25  $^{\circ}\text{C}$ . The absorbance was then measured at 632 nm using a UV-Vis spectrophotometer.  $\text{Cu}^{2+}$  chelating ability of EE was calculated as:

$$\text{Cu}^{2+} \text{ chelating ability of EE (\%)} = [(\text{Abs control} - \text{Abs sample}) / \text{Abs control}] \times 100.$$

##### In Vivo Antioxidant Test

Generation of reactive oxygen species was determined using the membrane-permeable fluorescent dye 2',7'-dichlorodihydrofluorescein diacetate (H2DCFDA). H2DCFDA is hydrolyzed inside cells to the non-fluorescent compound 2',7'-dichlorodihydrofluorescein, which emits fluorescence when oxidized to 2',7'-dichlorofluorescein (DCF). Thus, the fluorescence emitted by DCF directly reflects the overall oxidative status of a cell [13,14]. Zebrafish larvae (3 dpf) were transferred into 12-well plates containing 940  $\mu\text{L}$  embryo media, 6 larvae per well. Groups of 6 hatched larvae were treated with EE at different doses of 5, 20, and 40  $\mu\text{g/mL}$  or 100 mM quercetin for 1 h and then exposed to 10  $\mu\text{M}$   $\text{CuSO}_4$  for 20 min to induce oxidative stress. After 20 min of exposure, larvae were washed twice with fresh larvae medium and incubated with H2DCFDA (2',7'-dichlorodihydrofluorescein diacetate) solution (20  $\mu\text{g/mL}$ ) for 1 h in the dark at  $28 \pm 1$   $^{\circ}\text{C}$ . After incubation, zebrafish larvae were washed 3 times in fresh larvae medium, anesthetized with 0.0003% MS-222 (tricaine methane-sulfonate), and transferred to flat 24-well plates (one larva per well) before observation and photography under a fluorescence microscope. Each larva was placed on the lateral side with the head preferably on the left side with respect to the observer. Fluorescence intensity of an individual larva was quantified using Autovision software and a BD pathway 855 system (BD Biosciences). Larvae exposed to  $\text{CuSO}_4$  but not treated with EE were used as controls.

The stock solutions of H2DCFDA were prepared in DMSO. The solutions were protected from light and stored at  $-20^{\circ}\text{C}$  until used for the analysis. Working solutions were prepared on the day of the experiment.

#### Quantitative Real-Time PCR

Three days post fertilization zebrafish larvae were transferred into 12-well plates containing 940  $\mu\text{L}$  embryo media, 20 larvae per well. A group of 20 hatched larvae was first treated with EE at different doses of 5, 20, and 40  $\mu\text{g}/\text{mL}$  for 1 h and then exposed to 10  $\mu\text{M}$   $\text{CuSO}_4$  (a concentration capable of inducing oxidative stress and inflammation) for 4 h. After 4 h, larvae were collected and stored at  $-80^{\circ}\text{C}$  for qPCR analysis to evaluate the effects of EE on the expression of genes related to oxidative stress, such as *sod*, *gpx4*, *hsp70*, and *gadd45bb*.

#### Total RNA Extraction, DNase Treatment and Reverse Transcription

Total RNA was extracted from these larvae using Trizol Reagent solution (Ambion, Thermo Fisher Scientific, Massachusetts, United states) following the manufacturer's instructions. The pellet containing RNA was dried and resuspended in 100  $\mu\text{L}$  of RNase-free water. The concentration of total RNA was determined spectrophotometrically at  $A_{260}/A_{280}$  and  $A_{260}/A_{230}$  nm using a NanoDrop<sup>TM</sup> 1000 (Thermo Scientific). RNA integrity was checked by denaturing gel electrophoresis (1.2% agarose). The extracted RNA samples were then subjected to DNase treatment (DNA-free<sup>TM</sup> DNA Removal Kit, Invitrogen) to avoid DNA contamination. One microgram of total RNA was reverse-transcribed into double-stranded cDNA using the RevertAid RT kit (Thermo Scientific) according to the manufacturer's instructions.

The resulting cDNA was used to measure the expression of 5 oxidant genes in a real-time quantitative polymerase chain reaction (qPCR). Two housekeeping genes ( $\beta$ -actin and elongation factor 1 $\alpha$  (*efl1- $\alpha$* )) were used as references. The expression of genes encoding *sod*, *cat*, *gpx4*, *hsp70*, and *gadd45bb* was evaluated. The list of specific primers used is given in Table 1. Primers were designed on Primer3 software. Amplifx software was used to check the quality of the primers. The efficiency of each primer was confirmed by RT-PCR.

RT-PCR was performed using an ABI StepOnePlus Real-Time PCR system (Applied Biosystems). Five microliters of 25-fold diluted cDNA template was mixed with 5  $\mu\text{L}$  of each primer (5  $\mu\text{M}$ ) and 10  $\mu\text{L}$  of SYBR green PCR master mix (Applied Biosystems) to a final volume of 20  $\mu\text{L}$ . The standard cycling conditions were  $95^{\circ}\text{C}$  for 10 min, followed by 40 cycles of  $95^{\circ}\text{C}$  for 30 s and  $60^{\circ}\text{C}$  for 30 s. All reactions were performed as technical triplicates. For analysis, a standard curve of a pool of the cDNA of all samples was constructed following the absolute quantification method (Bio-Rad) [15]. The equation for the linear regression line

$$CT = m(\log \text{quantity}) + b.$$

where b is the y-intercept and m is the slope of the linear regression. Based on the equation for the linear regression, we can determine the quantity of an unknown sample:

$$\text{Quantity} = 10^{(CT-b)/m}$$

The ratios of the quantity of candidate gene/average quantity of housekeeping genes were subsequently calculated for each candidate gene and used to assess the differences in expression levels between experimental groups.

#### 2.4.4. Anti-Inflammatory Effect of EE

To evaluate the anti-inflammatory properties of EE, a similar experiment was designed using 10  $\mu\text{M}$   $\text{CuSO}_4$  to stimulate inflammation. After 4 and 24 h of  $\text{CuSO}_4$  exposure, the expression of genes related to inflammatory processes were analyzed in zebrafish larvae using qPCR.



The resulting cDNA was used to measure the expression of 9 immune system genes in a real-time quantitative polymerase chain reaction (qPCR). Two housekeeping genes ( $\beta$ -actin and *efl1- $\alpha$* ) were used as the reference. The expression of genes encoding pro-inflammatory cytokines (*il-1 $\beta$* , *il-8*, and *tnf- $\alpha$* ), neutrophil (*mpo*), complement 3a (*c3a*), phospholipase A2 (*pla2*), *cox-2*, transcription factor NF- $\kappa$ B (*nf- $\kappa$ b*), and an anti-inflammatory response cytokine (*il-10*) were evaluated. The list of specific primers used is given in Table 1. Primers were designed on Primer3 software. Amplifx software was used to check the quality of the primers. The efficiency of each primer was confirmed by RT-PCR.

**Table 1.** Primer pairs used in this study.

Gene Name	Function	GenBank Accession No.	Forward and Reverse Primer Sequences (5'-3')
$\beta$ -actin	Housekeeping gene	AF057040	Fwd: CCCCATTGAGCACGGTATTG Rev: ATACATGGCAGGGGTGTTGA
Elongation factor 1 alpha ( <i>efl1-<math>\alpha</math></i> )	Housekeeping gene	L23807.1	Fwd: CCAAGGAAGTCAGCGCATAC Rev: CTCCTTGCGCTCAATCTTC
Interleukin-1 ( <i>il-1<math>\beta</math></i> )	Pro-inflammatory cytokine	NM_212844.2	Fwd: AAAGTGGCGTTTACGATGTC Rev: GCTGGTCGTATCCGTTTGA
Interleukin-8 <i>il-8</i> ( <i>cxcl8b.1</i> )	cytokine	NM_001327985.1	Fwd: GCCTTCATGCTTCTGATCTGC Rev: AATCACCCACGTCCTCGGTAGGA
Cyclooxygenase-2 ( <i>ptgs2a</i> or <i>cox2</i> )	Catalyze the formation of prostaglandin, thromboxane	NM_153657.1	Fwd: ACAGATGCGCTACCAGTCTT Rev: CCCATGAGGCCCTTTGAGAGA
Phospholipase A2 <i>pla2</i> ( <i>pla2g4aa</i> )	Provide precursors for generation of eicosanoids	NM_131295.2	Fwd: TCATGTCTCCTGGGCTGTTT Rev: CCAGTCTCTCTCCATAGTG
Tumor necrosis factor ( <i>tnf-<math>\alpha</math></i> )	Pro-inflammatory cytokine	AB183467	Fwd: CACAAAGGCTGCCATTCACT Rev: GATTGATGGTGTGGCTCAGGT
<i>nf-<math>\kappa</math>b</i> ( <i>nkap</i> )	A ubiquitous transcription factor	NM_001003414.1	Fwd: GGTCGGACAGAGATCACGGATT Rev: TGCTGTCTTCACGTCCTCT
Interleukin-10 ( <i>il-10</i> )	Anti-inflammatory cytokine	AY887900.1	Fwd: AGTCATCCTTCTGCTCTGCT Rev: AAAGCCCTCCACAAATGAGC
<i>c3a</i> ( <i>c3a.1</i> )	Complement 3a	NM_131242.1	Fwd: GTACGAGGCGAACAACCTGGA Rev: CATCATACGCCGACGCTTTC
<i>mpo</i>	Myeloperoxidase	AF349034.1	Fwd: GTGGTCGTGTCGGTCTCTT Rev: GCAGATTATGCGGGCCATTG
<i>sod</i> ( <i>sod1</i> )	Superoxide dismutases	NM_131294.1	Fwd: ATGGTGAACAAGGCCGTTTG Rev: AAAGCATGGACGTGGAACCC
<i>gpx4b</i>	glutathione peroxidase	BC095133.1	Fwd: TGAGAAGGGTTTACGCATCTCG Rev: TGTTGTTCCCCAGTGTTCCT
<i>hsp70</i>	Protect cell from oxidative stress	AF210640.1	Fwd: CAACGTGCTGATCTTTGACC Rev: TCCTCTGGCTCGTTCACAT
<i>gadd45bb</i>	Growth arrest and DNA-damage-inducible	NM_001012386.2	Fwd: CGCTTCAGATCCACTTCACG Rev: TCCCACTTCCTTCAGCTTGA

## 2.5. Data Presentation and Statistical Analyses

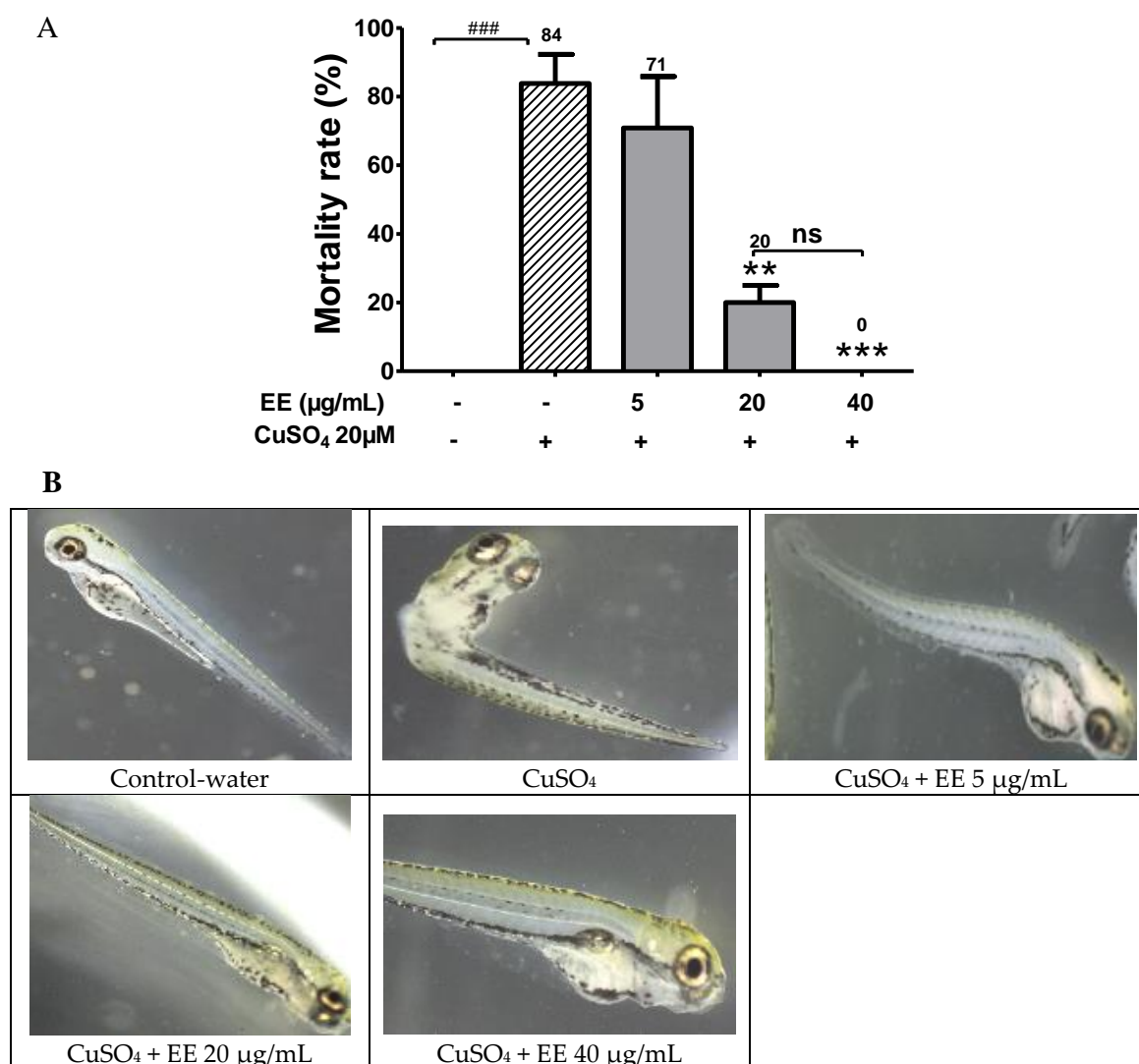
Data analyses were performed using SPSS 16.0 (SPSS Inc, Chicago, Illinois, United States). In the case of data with a normal distribution, data are shown as mean  $\pm$  SEM; a *t*-test and one-way analysis of variance with LSD post hoc test were used for statistical comparisons to determine treatment differences. A probability level of  $p < 0.05$  was considered significant.

When data were not normally distributed, the non-parametric Kruskal–Wallis one-way analysis of variance by ranks was performed, followed by a Mann–Whitney test to determine significant differences between the experimental groups. When non-parametric statistics were used, the data are presented using Turkey's boxplot (bottom and top of the box are 25th and 75th percentile, the horizontal line in the box is the median, the ends of the whiskers represent 1.5 times the interquartile distance, and the individual dots are values that fall outside the whiskers).

### 3. Results

#### 3.1. Protective Activity of EE against CuSO<sub>4</sub> Toxicity in Zebrafish Larvae

In the present study, we showed that the exposure of CuSO<sub>4</sub> at high dose of 20 µM induced mortality in zebrafish larvae (Figure 1A), and EE at the doses of 20 and 40 µg/mL effectively inhibited the toxicity of CuSO<sub>4</sub>, improving fish survival. The mortality of larvae which were treated with CuSO<sub>4</sub> alone was 84%, while the mortality rate was 20% for co-administration with EE at the 20 µg/mL dose. At the high EE dose 40 µg/mL, no dead larvae were observed after 24 h.



**Figure 1.** Protective effect of the ethanol extract of *C. cyrtophyllum* leaves (EE) against CuSO<sub>4</sub> toxicity. (A) Mortality rates of zebrafish larvae after treatment with 20 µM CuSO<sub>4</sub> and ethanol extracts of *C. cyrtophyllum* (EE) at different doses. (B) Representative photographs of zebrafish larvae treated with 20 µM CuSO<sub>4</sub> and ethanol extracts of *C. cyrtophyllum* (EE) at different doses. The data are presented as mean ± S.E. for three different experiments performed in triplicate. ###  $p < 0.001$ , \*\*  $p < 0.01$ , and \*\*\*  $p < 0.001$  compared to the CuSO<sub>4</sub> alone group.

The protective effect of EE against CuSO<sub>4</sub> was further confirmed by representative photographs of zebrafish larvae treated with 20 µM CuSO<sub>4</sub> and EE at different doses. Photographs of zebrafish showed that treatment only with CuSO<sub>4</sub> induced toxicity in larvae. Several malformations were observed, including trunk curvature, shorter body length, and loss of moving ability. Interestingly,



in the groups that were treated with copper plus EE, the extent of morphological abnormality decreased. At high dose, EE 40  $\mu\text{g/mL}$  protected zebrafish larvae against toxicity of  $\text{CuSO}_4$ , and no morphological abnormality was observed (Figure 1B). These results provide evidence that EE protected larvae from  $\text{CuSO}_4$  toxicity in a dose-dependent manner. To elucidate the protective mechanisms of EE, we further evaluated its antioxidant and anti-inflammatory activities.

### 3.2. Antioxidant Effect

#### 3.2.1. In Vitro Antioxidant Activity of EE

##### Effect of the Ethanol Extract of *C. cyrtophyllum* Leaves (EE) on DPPH Radical Scavenging

The free-radical scavenging ability of EE is shown in Table 2. The positive control, quercetin, has a strong DPPH scavenging property with a maximum achievable response ( $E_{\text{max}}$ ) of 93.82%. The concentration that gave the half-maximal effect ( $\text{IC}_{50}$ ) was  $3.93 \pm 1.09 \mu\text{g/mL}$ . Similar to quercetin, EE showed a strong antioxidant activity with an  $\text{IC}_{50}$  value of  $16.45 \pm 1.11 \mu\text{g/mL}$  and an  $E_{\text{max}}$  of 94.24%. The results indicate that EE may act as a DPPH radical scavenger.

Table 2. DPPH radical scavenging activity of EE.

	EE	Quercetin
$E_{\text{max}}$ (%)	94.24	93.82
$\text{IC}_{50}$ ( $\mu\text{g/mL}$ )	$16.45 \pm 1.11$	$3.93 \pm 1.09$
95% Confidence Interval	11.63–23.27	2.98–5.17
$R^2$	0.9958	0.98995
Number of Points Analyzed	7	7

##### Effect of the Ethanol Extract of *C. cyrtophyllum* Leaves (EE) on $\text{Cu}^{2+}$ Chelation Ability

The ability of EE to chelate  $\text{Cu}^{2+}$  is shown in Figure 2. Compounds in EE bind  $\text{Cu}^{2+}$  with the formation of a complex  $\text{EE-Cu}^{2+}$ . EE showed a weak copper chelating activity. At the highest concentration of 500  $\mu\text{g/mL}$ ,  $\text{Cu}^{2+}$  chelating ability of EE only reached 29%.

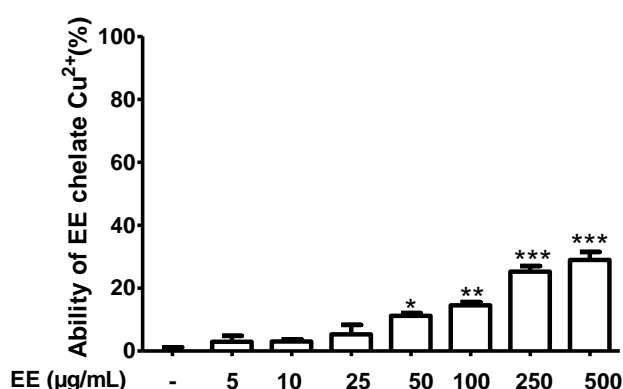
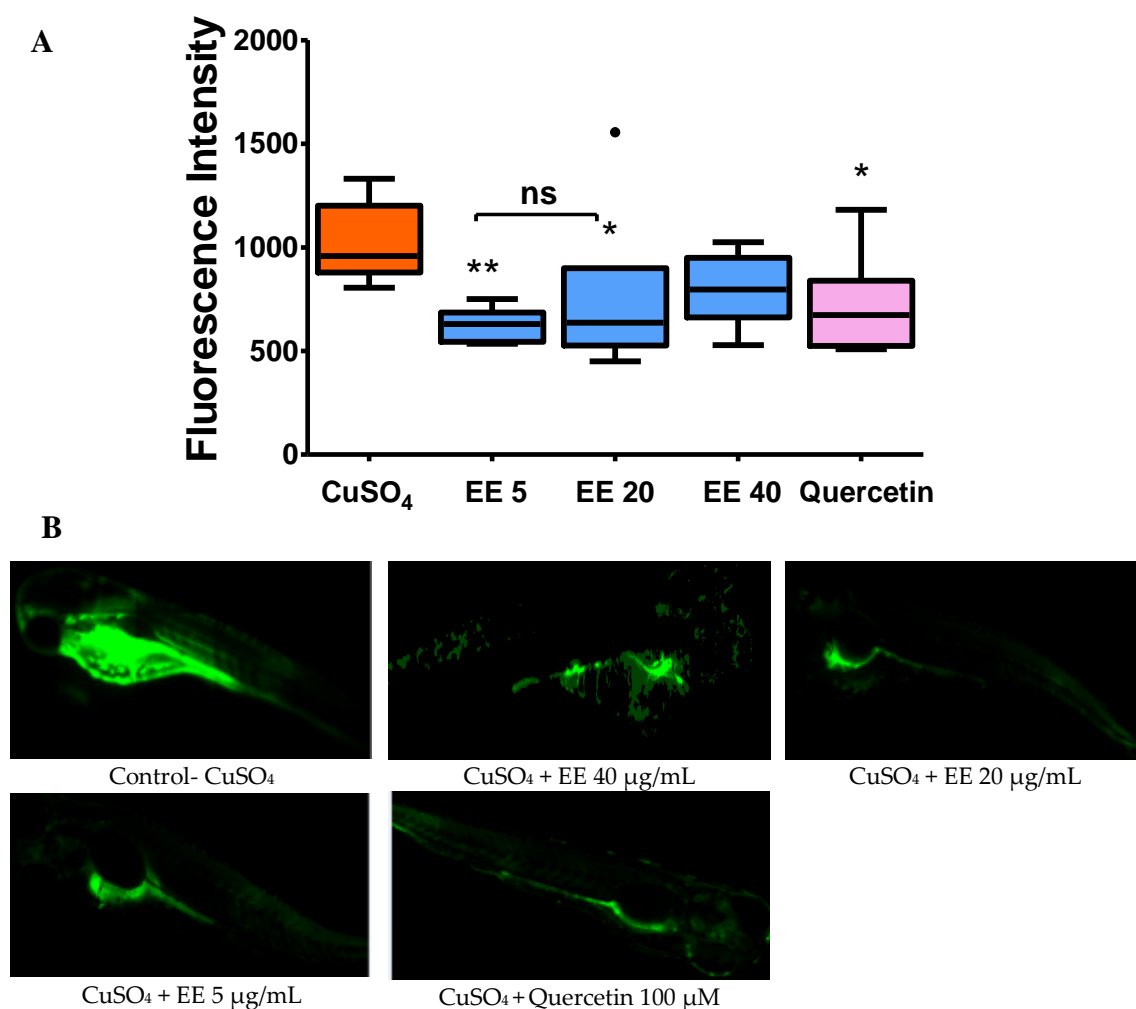


Figure 2. Effect of the ethanol extract of *C. cyrtophyllum* leaves (EE) on  $\text{Cu}^{2+}$  chelation ability. Each bar represents the mean  $\pm$  S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and \*\*\*  $p < 0.001$  compared to the control group.

#### 3.2.2. Effect of the Ethanol Extract of *C. cyrtophyllum* Leaves (EE) on the Generation of Reactive Oxygen Species

As shown in Figure 3, quercetin 100  $\mu\text{M}$  inhibited ROS formation, thus fluorescence intensity significantly decreased compared to the  $\text{CuSO}_4$  group. Similar to quercetin, co-administration with EE at

5 and 20  $\mu\text{g/mL}$  significantly decreased fluorescence intensity. These results suggest that administration of EE can limit the generation of reactive oxygen species generated in response to  $\text{CuSO}_4$ .



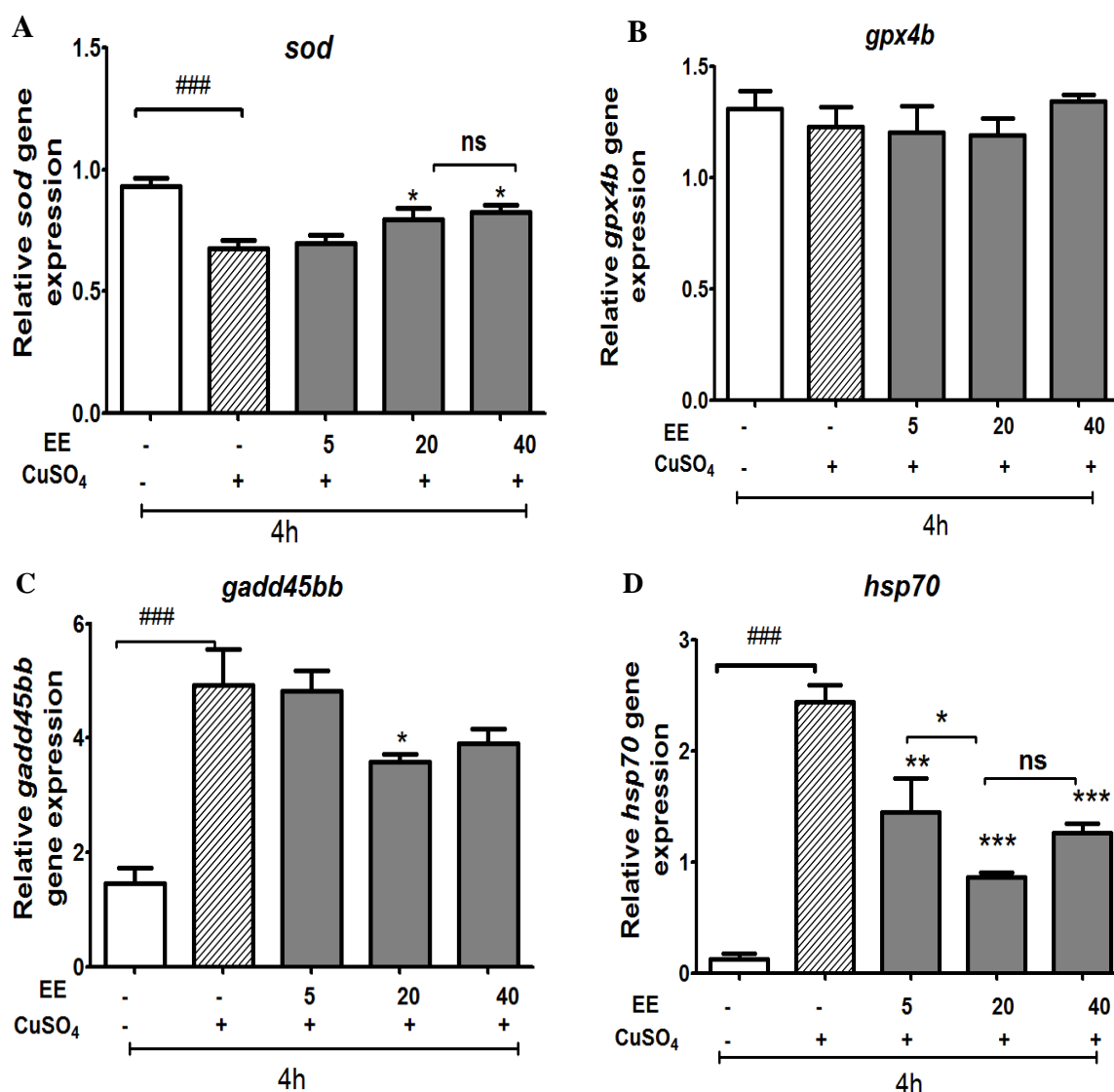
**Figure 3.** Inhibitory effect of ethanol extract (EE) from leaves of *C. cyrtophyllum* Turcz on  $\text{CuSO}_4$ -stimulated ROS production in zebrafish larvae. The zebrafish were exposed to different concentrations of EE (5, 20, and 40  $\mu\text{g/mL}$ ) or 100  $\mu\text{M}$  quercetin for 1 h and then exposed to 10  $\mu\text{M}$   $\text{CuSO}_4$  for 20 min to induce oxidative stress. After 20 min, larvae were incubated with H2DCFDA (20  $\mu\text{g/mL}$ ) for 1 h. Fluorescent probes were used to detect and quantify oxidative stress by measuring the fluorescent intensity (FI) in larvae using Autovision software and a BD pathway 855 system (BD Biosciences). (A) Fluorescence intensity obtained from individual zebrafish larvae. The data are presented as medians for six different larvae, \*  $p < 0.05$  and \*\*  $p < 0.01$  compared to the  $\text{CuSO}_4$  alone Group. (B) Representative fluorescence micrographs of ROS production.

### 3.2.3. Effect of the Ethanol Extract of *C. cyrtophyllum* Leaves (EE) on Antioxidant Gene Expression

To further investigate the mechanism of antioxidant action, we measured the effects of EE on the expression of two genes involved in antioxidant systems (*sod* and *gpx4*). As shown in Figure 4, exposure to copper sulfate resulted in a significant reduction in *sod* compared to the control group. EE at 20 and 40  $\mu\text{g/mL}$  significantly increased *sod*, whereas expression of *gpx4* was not affected by any treatment.

We also designed experiments to examine whether copper sulfate is capable of inducing stress response or growth arrest and DNA damage through evaluating the expression levels of a growth arrest and DNA-damage gene (*gadd45bb*) and a stress-related gene (*hsp70*). As shown in Figure 4,  $\text{CuSO}_4$  induced a stress response; the mRNA expression levels of *hsp70* and *gadd45bb* were significantly

upregulated. The co-administration of EE at the doses of 5, 20, and 40  $\mu\text{g/mL}$  protected zebrafish larvae against oxidative damage due to  $\text{CuSO}_4$  and therefore the expressions of *hsp70* and *gadd45bb* were down-regulated.



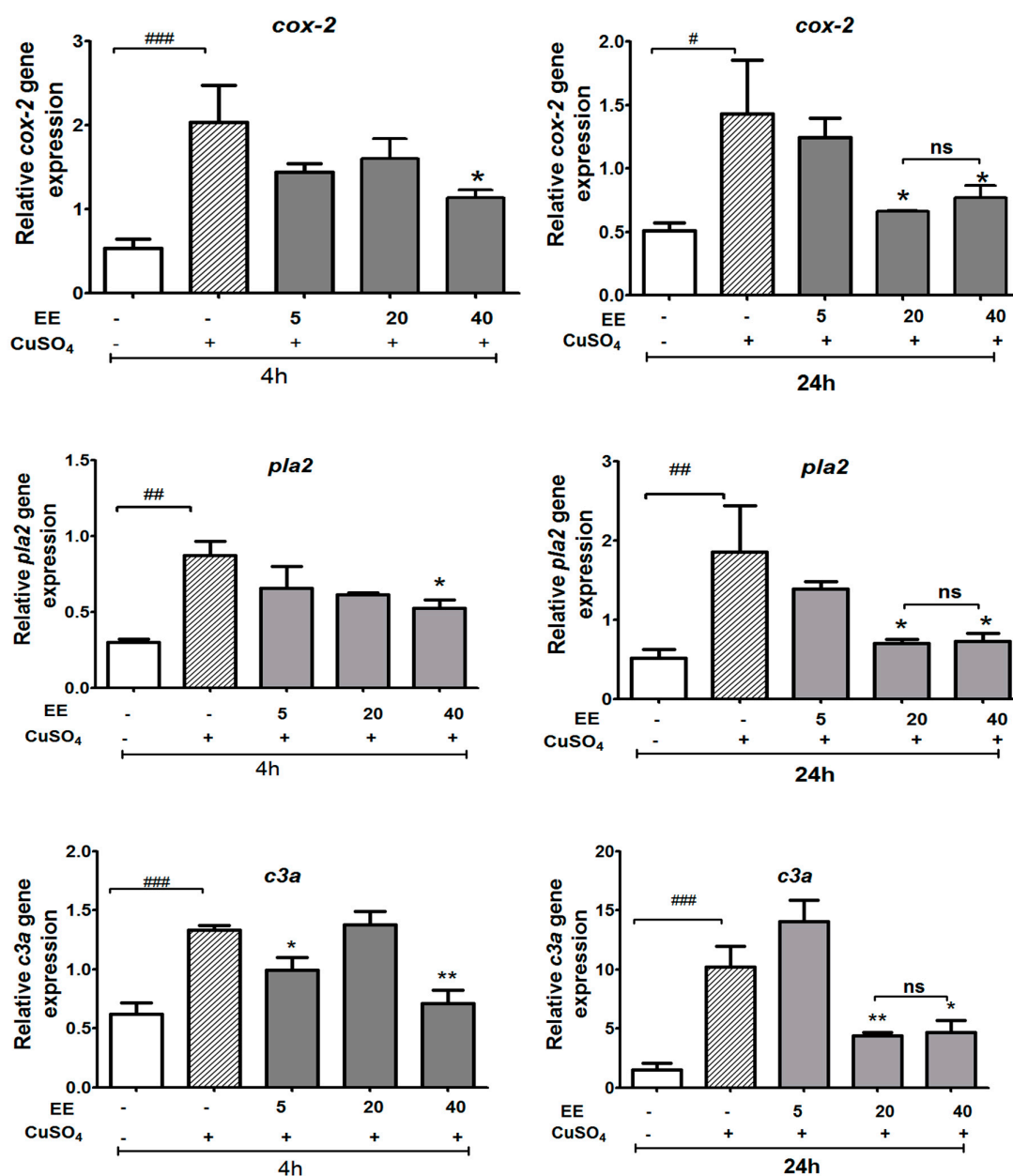
**Figure 4.** Effect of ethanol extract (EE) of *C. cyrtophyllum* Turcz leaves on expression of antioxidant genes: *sod* (A); *gpx4* (B); *hsp70* (C), and *gadd45bb* (D). The zebrafish larvae were exposed to EE for 1 h and to  $\text{CuSO}_4$  10  $\mu\text{M}$  for 4 h. After 4 h, larvae were collected for qPCR analysis. The relative gene expressions are presented as the ratio of the quantity of candidate gene/average quantity of housekeeping genes. A pool of 20 larvae per group ( $n = 3$ ) was used. Each bar represents the mean  $\pm$  S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and ###  $p < 0.01$ , and \*\*\*  $p < 0.001$  compared to the  $\text{CuSO}_4$  alone group.

### 3.3. Anti-Inflammatory Effect of EE

#### 3.3.1. Effect of the Ethanol Extract of *C. cyrtophyllum* Turcz Leaves on the Expressions of *c3a*, *cox-2*, and *pla2* Genes

For the expression of two genes involved in the eicosanoid pathway (*cox-2* and *pla2*), and of the complement gene *c3a*, as shown in Figure 5,  $\text{CuSO}_4$  markedly increased the expression of *cox-2*, *c3a*, and *pla2* genes when compared with the control group. EE at 40  $\mu\text{g/mL}$  greatly suppressed the

CuSO<sub>4</sub>-induced mRNA levels of *cox-2*, *pla2*, and *c3a* at both 4 and 24 h after copper sulfate exposure, while EE at 20 µg/mL only showed an effect on expression after 24 h.

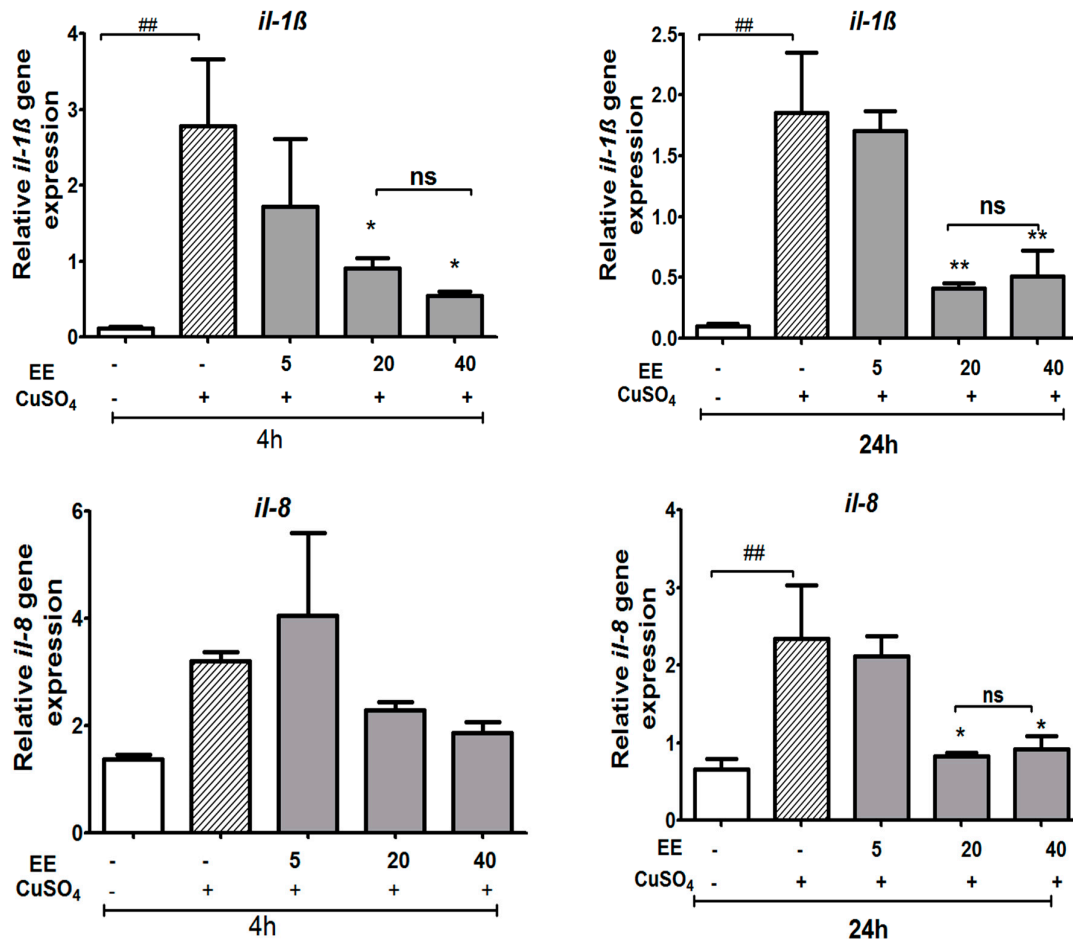


**Figure 5.** Effect of ethanol extract (EE) of *C. cyrtophyllum* Turcz leaves on the expression of genes in the eicosanoid pathway (*pla2*, *cox-2*, and *c3a*). The zebrafish larvae were exposed to EE for 1 h and CuSO<sub>4</sub> 10 µM for 4 and 24 h. After 4 or 24 h, larvae were collected for qPCR analysis. The relative gene expressions are presented as the ratio of the quantity of candidate gene/average quantity of housekeeping genes. A pool of 20 larvae per group (n = 3) was used. Each bar represents the mean ± S.E. for three different experiments performed in triplicate. \* *p* < 0.05, \*\* and ### *p* < 0.01, and \*\*\* *p* < 0.001 compared to the CuSO<sub>4</sub> alone group.

### 3.3.2. The EE Inhibited the Transcription of CuSO<sub>4</sub>-Induced Pro-Inflammatory Cytokines in Zebrafish Larvae

We examined whether the expression of pro-inflammatory cytokine genes increased due to CuSO<sub>4</sub> exposure and, subsequently, whether EE inhibits CuSO<sub>4</sub>-induced expression of *tnf-α*, *il-1β*, *nf-κb*, and *il-8* at concentrations of 5, 20, and 40 µg/mL. Real-time RT-PCR analysis revealed that CuSO<sub>4</sub>

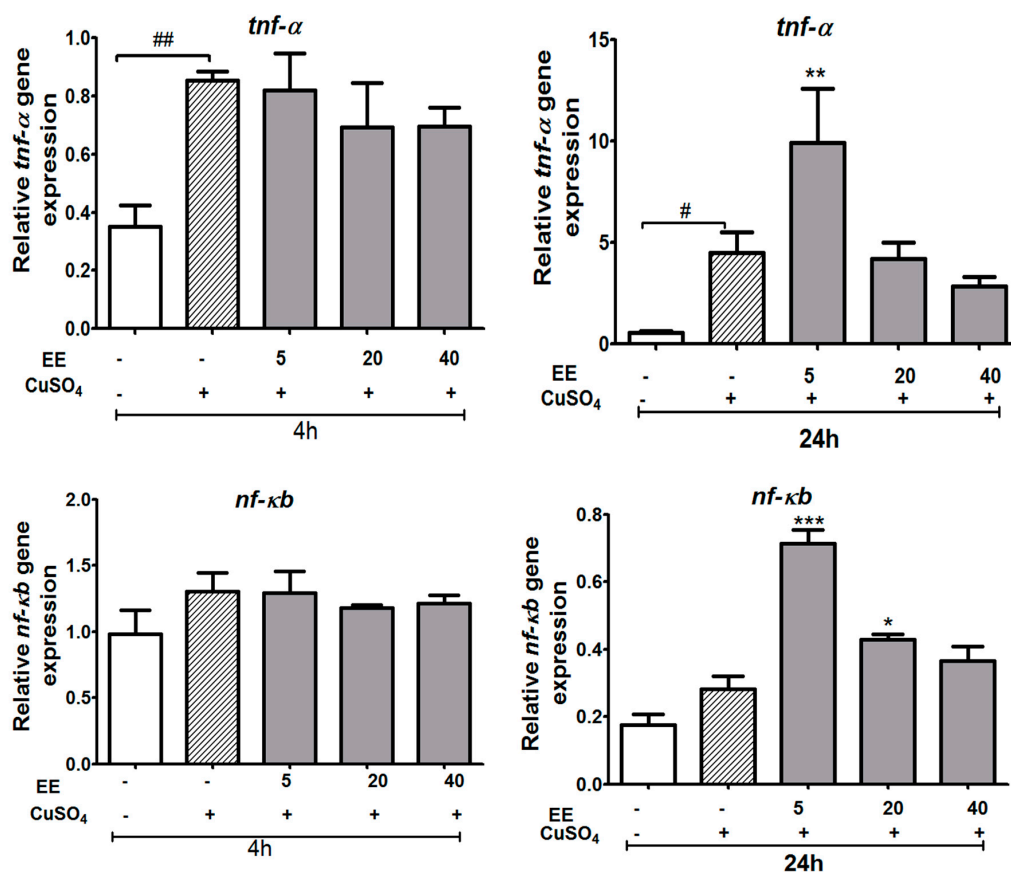
stimulated the inflammation process by a significant increase of *il-1 $\beta$*  and *tnf- $\alpha$*  expression at 4 and 24 h and *il-8* levels at 24 h after copper sulfate exposure (Figures 6 and 7). The co-administration of EE at the doses of 20 and 40  $\mu\text{g/mL}$  resulted in a decrease in the mRNA levels of *il-1 $\beta$*  at both 4 and 24 h, and *il-8* at 24 h (Figure 6). No significant differences were observed for the expression of *nf-kb* or *tnf- $\alpha$*  between the different treatment groups (Figure 7). These results suggest that the EE at concentrations of 20 and 40  $\mu\text{g/mL}$  inhibited transcription activities of pro-inflammatory cytokines induced by  $\text{CuSO}_4$  in zebrafish larvae.



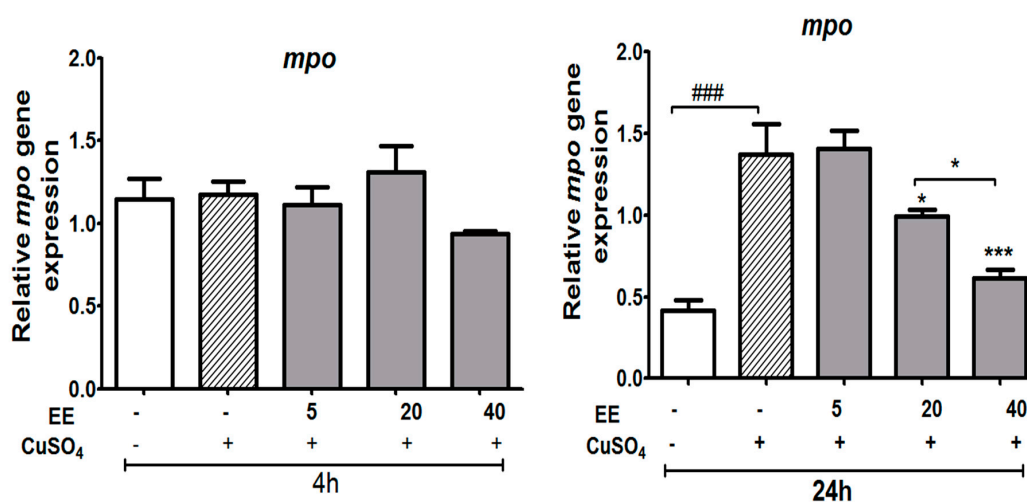
**Figure 6.** Relative expression of genes involved in immune responses (*il-1 $\beta$*  and *il-8*) of zebrafish larvae after exposure to  $\text{CuSO}_4$  and treatment with the ethanol extract (EE) of *C. cyrtophyllum* Turcz at different doses. The zebrafish larvae were exposed to EE for 1 h and to  $\text{CuSO}_4$  10  $\mu\text{M}$  for 4 and 24 h. After 4 or 24 h, larvae were collected for qPCR analysis. The relative gene expressions are presented as the ratio of the quantity of candidate gene/average quantity of housekeeping genes. A pool of 20 larvae per group ( $n = 3$ ) was used. Each bar represents the mean  $\pm$  S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and ###  $p < 0.01$ , \*\*\*  $p < 0.001$  compared to the  $\text{CuSO}_4$  alone group.

### 3.3.3. Effect of the Ethanol Extract (EE) of *C. cyrtophyllum* Turcz Leaves on Expression of the *mpo* Gene

Neutrophil migration, as indirectly measured by the mRNA level of *mpo*, displayed a significant increase after 24 h of exposure to copper sulfate. Exposing zebrafish larvae to EE resulted in a decrease in the mRNA levels of *mpo* at 20 and 40  $\mu\text{g/mL}$  ( $p < 0.05$ ) (Figure 8).



**Figure 7.** Relative expression of genes involved in immune responses (*tnfr-α* and *nf-κb*) of zebrafish larvae after exposure to CuSO<sub>4</sub> and treatment with the ethanol extract (EE) of *C. cyrtophyllum* Turcz. at different doses. The zebrafish larvae were exposed to EE for 1 h and to CuSO<sub>4</sub> 10 μM for 4 and 24 h. After 4 or 24 h, larvae were collected for qPCR analysis. The relative gene expressions are presented as the ratio of the quantity of candidate gene/average quantity of housekeeping genes. A pool of 20 larvae per group (n = 3) was used. Each bar represents the mean ± S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and ###  $p < 0.01$ , and \*\*\*  $p < 0.001$  compared to the CuSO<sub>4</sub> alone group.

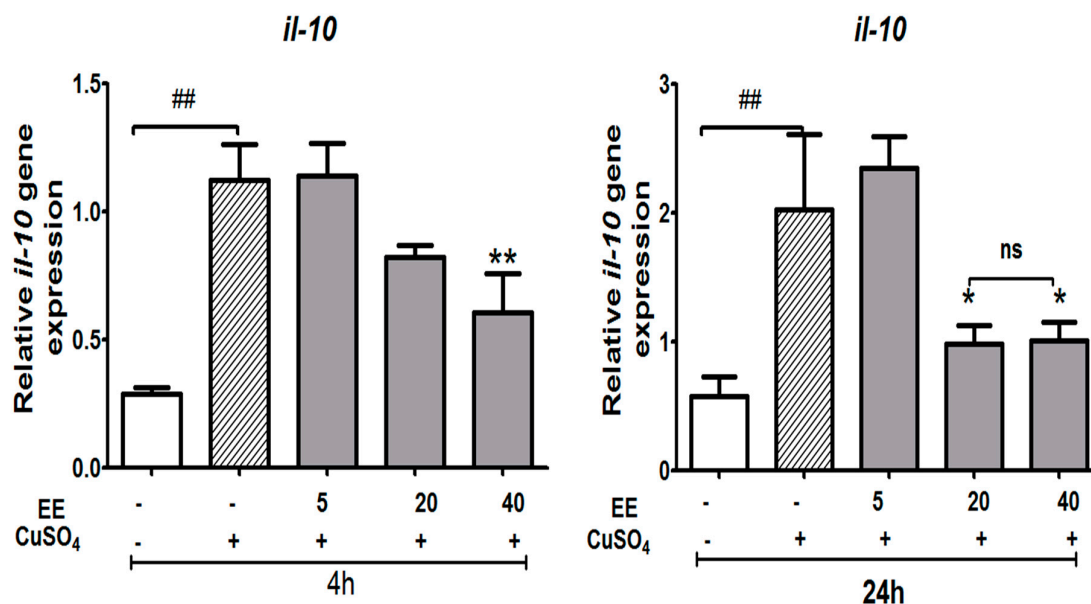


**Figure 8.** Relative expression of genes involved in immune responses (*mpo*) of zebrafish larvae after exposure to CuSO<sub>4</sub> and treatment with the ethanol extract (EE) of *C. cyrtophyllum* Turcz. The data are presented as mean ± S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and ###  $p < 0.01$ , \*\*\*  $p < 0.001$  compared to the CuSO<sub>4</sub> alone group.



### 3.3.4. Effect of the Ethanol Extract (EE) of *C. cyrtophyllum* Turcz leaves on the Expression of Anti-Inflammatory Cytokine *il-10*

As shown in Figure 9, stimulating zebrafish larvae with  $\text{CuSO}_4$  increased the level of *il-10* mRNA. Increased *il-10* expression in response to  $\text{CuSO}_4$  stimulation alone showed the regulatory action on cells after the inflammatory reaction. The level of *il-10* was significantly suppressed by EE at 40  $\mu\text{g/mL}$  at 4 h, and at both 20 and 40  $\mu\text{g/mL}$  at 24 h ( $p < 0.05$ ). The level of *il-10* decreased the most under the EE treatment condition, which illustrated the effect of EE on reinforcing cellular immunity and inhibiting humoral immunity.



**Figure 9.** Relative expression of anti-inflammatory gene (*il-10*) of zebrafish larvae after exposure to  $\text{CuSO}_4$  and treatment with the ethanol extract (EE) of *C. cyrtophyllum* Turcz at different doses. The zebrafish larvae were exposed to EE for 1 h and to  $\text{CuSO}_4$  10  $\mu\text{M}$  for 4 and 24 h. After 4 or 24 h, larvae were collected for qPCR analysis. The relative gene expressions are presented as the ratio of the quantity of candidate gene/average quantity of housekeeping genes. A pool of 20 larvae per group ( $n = 3$ ) was used. Each bar represents the mean  $\pm$  S.E. for three different experiments performed in triplicate. \*  $p < 0.05$ , \*\* and ###  $p < 0.01$ , and \*\*\*  $p < 0.001$  compared to the  $\text{CuSO}_4$  alone group.

## 4. Discussion

### 4.1. Protective Activity of the Ethanol Extract of *C. cyrtophyllum* against $\text{CuSO}_4$ Toxicity

Copper is an essential micronutrient but misregulation of intracellular levels can become toxic to many cell types. Copper generates dose-dependent responses. A previous study demonstrated that low concentrations of copper ( $<10 \mu\text{M}$ ) did not induce mortality [16]. At the concentration of 10  $\mu\text{M}$ , although it did not cause a significant decrease of zebrafish larvae survival, copper sulfate was able to induce oxidative stress and a marked increase of inflammatory markers [17]. A concentration of 25  $\mu\text{M}$  induced a 75–80% death rate [18]. In the present study,  $\text{CuSO}_4$  at 20  $\mu\text{M}$  induced 80% mortality after 24 h of exposure. Interestingly, treatment with EE at concentrations of 20 and 40  $\mu\text{g/mL}$  showed a protective effect against damage induced by  $\text{CuSO}_4$ .

What is the reason for this? Which molecular mechanism of EE helped zebrafish larvae to avoid the toxicity of copper? To better understand the protective mechanism of EE, the toxicity mechanism of copper in zebrafish larvae first needs to be identified.

It was suggested recently that copper induces oxidative stress [16,18]. Oxidative stress can occur by two mechanisms: the direct effect of copper, which induces DNA and cell damage, or the increase of ROS release due to the activation of phagocytic cells and increased tissue damage [13]. The increase

of ROS release might induce the activation of activator protein-1 (AP-1) and nuclear factor kappa-B (Nf- $\kappa$ B), both signaling pathways that upregulate pro-inflammatory cytokines and chemokines leading to inflammation. Inflammation represents the result of copper damage. Both oxidative stress and inflammation are related to the toxicity mechanism of copper. We thus investigated the antioxidant and anti-inflammatory properties of EE.

#### 4.2. Antioxidant and Anti-Inflammatory Activity of the Ethanol Extract of *C. cyrtophyllum*

To evaluate the antioxidant activity, we first used an in vitro test, the DPPH assay. DPPH radical scavenging assay is one of the most common methods used to evaluate the radical scavenging activity of antioxidants because of its speed, reliability, and reproducibility. A change in color from purple to yellow indicates a decrease in absorbance of DPPH radicals. This demonstrates that an antioxidant present in a solution is interacting with the free radicals [11]. In this study, EE exhibited strong antioxidant properties against 1,1-diphenyl,2-picryl hydrazyl (DPPH), with an IC<sub>50</sub> value of  $16.45 \pm 1.11$   $\mu$ g/mL. The antioxidant activity of EE found here was stronger than that reported by Liu et al. (2011) for a methanol extract of *C. cyrtophyllum* ( $52.74 \pm 2.07$   $\mu$ g/mL) [9]. This can be explained by the fact that flavonoids are important antioxidants due to their high redox potential, which allows them to act as reducing agents, hydrogen donors, and singlet oxygen quenchers [19]. Antioxidant activity was correlated with total flavonoids. The higher is the content of flavonoids, the stronger is the antioxidant capacity in vitro. In our study, EE was found to present higher flavonoid contents than the methanol extract reported by Liu et al. [9]. Another antioxidant mechanism of flavonoids may result from the interactions between flavonoid and metal ions (especially iron and copper) leading to chelates formation that are only slightly active in the promotion of free-radical reaction. In our study, EE can chelate copper, decreasing the toxicity of CuSO<sub>4</sub>. However, the copper chelating ability of EE is weak. It did not appear as a major mechanism for protective activity of the ethanol extract of *C. cyrtophyllum* against CuSO<sub>4</sub> toxicity.

Although the in vitro model is simple, fast, and inexpensive, it cannot be a complete substitute for in vivo animal testing. The absence of biokinetics in in vitro methods may lead to a misinterpretation of the data. Animal models thus are more reliable than in vitro tests [20]. Among animal models, zebrafish display several pathological features similar to those of humans [21]. In this study, we used a zebrafish model to confirm the antioxidant effects of EE, as well as to elucidate the molecular mechanisms of its antioxidant activity.

There are two main mechanisms of drug-induced oxidative stress: an increase in ROS production and a reduction of cellular antioxidant genes. We thus examined the effects of EE on ROS production as well as on the expression of antioxidant genes.

Regarding ROS production, the image analysis in stress-induced ROS generation showed that copper sulfate induced toxicity in the cells via the generation of reactive oxygen species (ROS). EE displayed a protective effect against stress in vivo by reducing ROS formation in zebrafish larvae. Regarding the expression of antioxidant genes, in our study, *sod* was decreased significantly after 4 h of exposure to copper when compared to control, while groups that were treated with CuSO<sub>4</sub> plus EE at 20 and 40  $\mu$ g/mL resulted in a significant increase of mRNA levels of *sod* when compared with the CuSO<sub>4</sub> group. Increasing superoxide dismutase (SOD) helps to transfer ROS to hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), which then forms a non-toxic compound (H<sub>2</sub>O) under the effects of catalase, glutathione peroxidase, and peroxidase.

Major cytotoxic roles for ROS include the activation of the apoptosis pathway [22]. Heat shock proteins are one of the key players in protecting the cell against the harmful effects of oxidative stress in the cellular stress response process and are crucial for defending cells from copper toxicity [16]. Our results are similar to those previously reported where copper induces *hsp70* expression [16]. Interestingly, expression of *hsp70* decreased in the EE treatment groups. This result suggests that the presence of EE helped to protect zebrafish larvae against CuSO<sub>4</sub> toxicity, reducing oxidative stress and damage. As a result, the expression of *hsp70* decreased.

Gadd45 participates in cell growth and cell cycle control, DNA repair, apoptosis, maintenance of genomic stability, and the regulation of signaling pathways. Transcription of the *gadd45* genes is induced by DNA-damaging agents and other cellular stresses and is associated with growth arrest [23,24]. Olivari et al. (2008) described events induced by copper via oxidative stress, such as cell death by apoptosis and necrosis in hair cells of the lateral line of zebrafish [13]. Supporting these data, our results show that copper induced activation of the apoptosis pathway in such a way that mRNA expression level of *gadd45bb* was significantly upregulated. EE can scavenge superoxide anions, inhibit ROS production, and defend cells from copper toxicity, decreasing cellular stresses, apoptosis, and DNA-damage. As a result, the expression of *gadd45bb* was downregulated compared to the CuSO<sub>4</sub> alone group.

Intracellular production of reactive oxygen species (ROS) is deeply involved in inflammatory responses. High levels of redox metals promote ROS formation and these metals can also act as mediators of inflammation, inducing peripheral inflammation in numerous models [25]. Leite et al. (2013) reported the gradual accumulation of copper in zebrafish larvae within 24 hpf; increased activity of NO; upregulation of pro-inflammatory cytokine-related genes *il-1 $\beta$* , *tnf*, and *cox-2*; and increased PGE2 and myeloperoxidase (MPO) levels, which are also known for their activity as inflammatory players [18]. Similar to previous studies, our data also show that copper induced inflammation through the upregulation of *cox-2*, *il-1 $\beta$* , *tnf- $\alpha$* , *mpo*, *pla2*, *il-8*, *c3a*, and *il-10*. Altogether, this study provides more evidence on the effects of copper as well as on the general scenario of the inflammatory status and response to copper exposure that corroborates copper's role in oxidative stress and inflammation.

The expression of *cox-2*, *pla2*, *c3a*, *il-1 $\beta$* , and *il-8* decreased in the EE treatment groups. COX-2 and PLA2 are involved in the synthesis of key biological mediators in inflammation. Inhibition of these enzymes is a well-established target in the discovery of anti-inflammatory drugs, with COX-inhibitors being the most prominent drug class in non-steroidal anti-inflammatory drugs (NSAIDs). Flavonoids play an important role in various medicinal applications. *C. cyrtophyllum* leaves present high flavonoid contents [8,9]. Flavonoids have been reported to inhibit the activities of arachidonic acid metabolizing enzymes such as PLA2, COX, and 5-LOX, to reduce the production of inflammatory metabolites from arachidonic acid and oxidative damage [26]. IL-1 $\beta$  and IL-8 are pro-inflammatory cytokines. There is abundant evidence that certain pro-inflammatory cytokines such as IL-1 $\beta$ , IL-2, TNF- $\alpha$ , IL-6, IL-8, and IFN- $\gamma$  are involved in the process of pathological inflammation. Because of this, the cytokine system constitutes a very interesting target for the development of clinically relevant anti-inflammatory drugs. In this study, EE effectively inhibited the production of *il-1 $\beta$*  and *il-8* at both 20 and 40  $\mu$ g/mL by suppressing their mRNA expression in CuSO<sub>4</sub>-stimulated zebrafish larvae. This result demonstrates that EE effectively inhibits the generation of an inflammatory response. However, the level of TNF- $\alpha$  transcription was not affected by EE at 4 h. At 24 h, expression of *tnf- $\alpha$*  even increased at the dose of 5  $\mu$ g/mL. Increased expression of *tnf- $\alpha$*  can explain the weak anti-inflammatory activity of EE at 5  $\mu$ g/mL.

The regulation of inflammatory gene transcription is controlled by specific signaling pathways and transcription factors, such as NF- $\kappa$ B and AP-1. In response to stimulation, NF- $\kappa$ B is liberated from a complex with I- $\kappa$ B and induces transcription of inflammatory genes that cause acute inflammation and a systemic inflammatory response syndrome [27]. In this study, CuSO<sub>4</sub> did not increase the expression of *nf- $\kappa$ b*. This result demonstrates that *nf- $\kappa$ b* did not regulate the inflammatory gene transcription stimulated by CuSO<sub>4</sub>. The increase expression of inflammatory genes due to CuSO<sub>4</sub> can relate to other transcription factors with other signaling pathways that need further studies. The ethanol extract from *C. cyrtophyllum* had no effect on the expression of *nf- $\kappa$ b* at 4 h; however; expression of *nf- $\kappa$ b* increased at the dose of 5 and 20  $\mu$ g/mL at 24 h. In our previous study, EE alone had no effect on the expression of *nf- $\kappa$ b*. Increasing its expression when association with CuSO<sub>4</sub> may be related to another function of *nf- $\kappa$ b*. The association of NF- $\kappa$ B activity and inflammatory disease is not easy to interpret because both pro- and anti-inflammatory mediators are produced during inflammation [28]. In 2001, Lawrence et al. [29]. showed NF- $\kappa$ B involves in both the onset and resolution of acute

inflammation in a single model system using pharmacological inhibitors. These studies confirmed the role of NF- $\kappa$ B in proinflammatory gene induction but also showed a role for NF- $\kappa$ B in the expression of anti-inflammatory genes during the resolution of inflammation [29]. Thus, increasing expression of *nf- $\kappa$ b* at the dose of 5 and 20  $\mu$ g/mL at 24 h may be related to resolution function of NF- $\kappa$ B in a cuto inflammation.

However, the increase in mRNA levels is not directly proportional to the amount of protein translated, due to transcriptional and post translational modifications. Although no significant differences in the mRNA levels of *tnf- $\alpha$*  and *nf- $\kappa$ b* at 4 h or increase of the expression of these genes at 24 h was observed, further studies are required in order to investigate the expression at the protein level and to verify the presence and activation of these proteins.

Recently, d'Alencon et al. demonstrated that copper sulfate exposure induces neutrophil migration to the inflammatory focus, in response to damage induced in hair cells of the lateral line of zebrafish larvae [30]. Activated neutrophils, monocytes, and some tissue macrophages release MPO at the site of inflammation. MPO catalyzes the reaction between hydrogen peroxide ( $H_2O_2$ ) and physiological halides (such as  $Cl^-$ ) to form reactive oxidants such as hypochlorous acid (HOCl) [31]. In this study, EE effectively inhibited the expression of *mpo* at 20 and 40  $\mu$ g/mL at 24 h. This suggests that EE has an anti-inflammatory role through the inhibition of leukocyte infiltration.

Interleukin-10 (IL-10) is a cytokine with potent anti-inflammatory properties that plays a central role in limiting the host immune response to pathogens, thereby preventing damage to the host and maintaining normal tissue homeostasis. IL-10 is a molecule that displays both immunostimulatory and immunoregulatory activities [32]. IL-10 can up-regulate endogenous anti-cytokines and down-regulate pro-inflammatory cytokine receptors to dampen uncontrolled production of inflammatory cytokines and excessive inflammation during infection [33]. In this study, stimulation of zebrafish larvae with  $CuSO_4$  increased the level of *il-10* mRNA at 4 and 24 h after exposure. The elevation of *il-10* displayed immunoregulatory activity on cells after the inflammatory reaction [18]. Co-administration with EE at 20 and 40  $\mu$ g/mL down-regulated *il-10*. Supporting these data, a previous study conducted by Visser et al. (1998) revealed that elevated *il-10* levels were also observed in an LPS-induced inflammatory model in peritoneal macrophages, demonstrating similarities of modulation mechanisms in these two models [34].

#### 4.3. The Relation between Dose and Response

In most cases, EE displayed an effect on gene expression depending on the dose. At the low dose of 5  $\mu$ g/mL, EE generally exerted no detectable effects. However, at 20  $\mu$ g/mL, EE showed a higher effect. Interestingly, the anti-inflammatory property of EE not only depends on the dose but also on the time. At 4 h, EE at 20  $\mu$ g/mL indicated no effects or low effect on the inhibition expression of inflammatory genes. However, this effect increased at 24 h. One possible explanation could be that, as exposure to the extract is prolonged over time, there is an increase in the accumulation of the extract until it reaches a concentration that induces anti-inflammatory effects in zebrafish. At the highest dose of 40  $\mu$ g/mL, EE induced the best effects at both 4 and 24 h.

#### 4.4. The Potential Area of Application of EE

The results of this study suggest that the ethanol extract of *C. cyrtophyllum* leaves possesses antioxidant and anti-inflammatory activities. They provide some evidence for the use of the plant extract in the prevention as well as treatment of oxidative stress and inflammatory conditions. However, before applying EE in treatment human diseases, we still need to do experiments in other models to confirm the anti-inflammatory and antioxidant activities of EE. We also need to perform additional experiments to determine whether EE is safe for testing in human subjects; preclinical toxicology studies need to be performed to identify the treatment regimen associated with the least degree of toxicity and thus determine a suitable and safe starting dose for clinical trials.

## 5. Conclusions

The ethanol extract of *C. cyrtophyllum* displayed prominent antioxidant effects through radical scavenging activity in vitro and decreased production of ROS in a CuSO<sub>4</sub>-induced zebrafish inflammation model. In addition, in vivo results in zebrafish suggest that the ethanol extract from *C. cyrtophyllum* also inhibits oxidative stress via the upregulation of *sod* and the downregulation of *hsp70* and *gadd45bb*. EE also inhibited inflammation via the downregulation of the inflammatory genes *cox-2*, *pla2*, *c3a*, *il-1*, *il-8*, *mpo*, and *il-10*. These in vivo results help to elucidate the protective mechanism against CuSO<sub>4</sub> toxicity of the ethanol extract of leaves of *C. cyrtophyllum*. Taken together, these findings provide a pharmacological basis for the use of *C. cyrtophyllum* leaves in the treatment of inflammatory disorders.

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